

































Lanoka Harbor, NJ - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:35	0.3	2:31	0.3	8:35	0.1	9:14	0.0	7:17	4:42	
2	Tue	3:21	0.3	3:15	0.3	9:21	0.1	9:56	0.0	7:18	4:42	
3	Wed	4:05	0.3	4:00	0.3	10:16	0.1	10:43	0.0	7:18	4:43	
4	Thu	4:48	0.3	4:46	0.3	11:21	0.1	11:36	0.0	7:18	4:44	
5	Fri	5:32	0.3	5:36	0.3			12:26	0.1	7:18	4:45	
6	Sat	6:21	0.3	6:35	0.3	12:30	0.0	1:26	0.1	7:18	4:46	
7	Sun	7:16	0.4	7:39	0.3	1:23	0.0	2:20	0.0	7:18	4:47	
8	Mon	8:11	0.4	8:38	0.3	2:14	0.0	3:11	0.0	7:17	4:48	
9	Tue	9:03	0.4	9:30	0.3	3:05	0.0	4:02	0.0	7:17	4:49	
10	Wed	9:51	0.4	10:19	0.3	3:56	0.0	4:53	0.0	7:17	4:50	
11	Thu	10:39	0.4	11:07	0.3	4:48	0.0	5:42	-0.1	7:17	4:51	
12	Fri	11:27	0.5	11:57	0.4	5:41	0.0	6:30	-0.1	7:17	4:52	
13	Sat			12:17	0.5	6:32	-0.1	7:16	-0.1	7:16	4:53	
14	Sun	12:49	0.4	1:09	0.4	7:23	-0.1	8:01	-0.1	7:16	4:54	
15	Mon	1:44	0.4	2:03	0.4	8:14	0.0	8:47	-0.1	7:16	4:55	
16	Tue	2:41	0.4	2:59	0.4	9:09	0.0	9:38	-0.1	7:15	4:56	
17	Wed	3:37	0.4	3:55	0.4	10:12	0.0	10:33	0.0	7:15	4:57	
18	Thu	4:32	0.4	4:51	0.3	11:22	0.0	11:33	0.0	7:14	4:58	
19	Fri	5:27	0.4	5:49	0.3			12:31	0.0	7:14	5:00	
20	Sat	6:25	0.4	6:52	0.3	12:34	0.0	1:35	0.0	7:13	5:01	
21	Sun	7:26	0.4	7:57	0.3	1:32	0.0	2:32	0.0	7:13	5:02	
22	Mon	8:26	0.4	8:55	0.3	2:26	0.0	3:24	0.0	7:12	5:03	
23	Tue	9:17	0.4	9:45	0.3	3:16	0.0	4:13	0.0	7:12	5:04	
24	Wed	10:02	0.4	10:30	0.3	4:05	0.0	4:59	0.0	7:11	5:05	
25	Thu	10:44	0.4	11:12	0.3	4:51	0.0	5:41	0.0	7:10	5:07	
26	Fri	11:23	0.4	11:53	0.3	5:35	0.0	6:20	0.0	7:09	5:08	
27	Sat			12:00	0.4	6:16	0.0	6:56	0.0	7:09	5:09	
28	Sun	12:33	0.3	12:37	0.4	6:55	0.0	7:29	0.0	7:08	5:10	
29	Mon	1:12	0.3	1:12	0.3	7:31	0.0	8:00	0.0	7:07	5:11	
30	Tue	1:52	0.3	1:49	0.3	8:07	0.0	8:30	0.0	7:06	5:12	
31	Wed	2:31	0.3	2:27	0.3	8:44	0.0	9:00	0.0	7:05	5:14	