

































Lanoka Harbor, NJ - May 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:11	0.4	5:55	0.3			12:19	0.0	5:55	7:51	
2	Thu	6:13	0.4	6:56	0.4	12:31	0.1	1:24	0.0	5:54	7:52	
3	Fri	7:18	0.4	8:00	0.4	1:47	0.1	2:22	0.0	5:53	7:53	
4	Sat	8:23	0.4	9:00	0.4	2:52	0.0	3:14	0.0	5:52	7:54	
5	Sun	9:24	0.4	9:55	0.5	3:49	0.0	4:04	0.0	5:51	7:55	
6	Mon	10:19	0.4	10:45	0.5	4:44	0.0	4:53	0.0	5:49	7:56	
7	Tue	11:10	0.4	11:32	0.5	5:38	0.0	5:42	0.0	5:48	7:57	
8	Wed			12:00	0.4	6:30	0.0	6:31	0.0	5:47	7:58	
9	Thu	12:19	0.5	12:50	0.4	7:21	0.0	7:19	0.0	5:46	7:59	
10	Fri	1:06	0.5	1:42	0.4	8:09	0.0	8:05	0.0	5:45	8:00	
11	Sat	1:54	0.5	2:36	0.4	8:55	0.0	8:50	0.0	5:44	8:01	
12	Sun	2:46	0.4	3:33	0.3	9:43	0.0	9:37	0.1	5:43	8:02	
13	Mon	3:41	0.4	4:29	0.3	10:34	0.0	10:30	0.1	5:42	8:03	
14	Tue	4:35	0.4	5:22	0.3	11:31	0.1	11:32	0.1	5:41	8:04	
15	Wed	5:27	0.4	6:12	0.3			12:29	0.1	5:40	8:05	
16	Thu	6:17	0.3	7:02	0.3	12:39	0.1	1:23	0.1	5:39	8:06	
17	Fri	7:08	0.3	7:54	0.4	1:41	0.1	2:10	0.1	5:39	8:06	
18	Sat	8:03	0.3	8:43	0.4	2:34	0.1	2:53	0.1	5:38	8:07	
19	Sun	8:56	0.3	9:29	0.4	3:23	0.1	3:33	0.1	5:37	8:08	
20	Mon	9:44	0.3	10:10	0.4	4:08	0.1	4:12	0.0	5:36	8:09	
21	Tue	10:27	0.3	10:47	0.4	4:52	0.0	4:52	0.0	5:35	8:10	
22	Wed	11:07	0.4	11:22	0.4	5:36	0.0	5:32	0.0	5:35	8:11	
23	Thu	11:46	0.4	11:57	0.4	6:21	0.0	6:13	0.0	5:34	8:12	
24	Fri			12:26	0.3	7:04	0.0	6:54	0.0	5:33	8:13	
25	Sat	12:35	0.4	1:08	0.3	7:47	0.0	7:36	0.0	5:33	8:13	
26	Sun	1:16	0.4	1:54	0.3	8:29	0.0	8:18	0.1	5:32	8:14	
27	Mon	2:03	0.4	2:48	0.3	9:13	0.0	9:04	0.1	5:32	8:15	
28	Tue	2:59	0.4	3:47	0.3	10:00	0.0	9:57	0.1	5:31	8:16	
29	Wed	3:59	0.4	4:45	0.4	10:55	0.0	11:04	0.1	5:31	8:17	
30	Thu	4:58	0.4	5:41	0.4	11:54	0.0			5:30	8:17	
31	Fri	5:56	0.4	6:38	0.4	12:20	0.1	12:55	0.0	5:30	8:18	