

































Lanoka Harbor, NJ - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:35	0.4	8:12	0.4	2:19	0.0	2:19	0.0	5:32	8:29	
2	Tue	8:39	0.4	9:11	0.5	3:18	0.0	3:13	0.0	5:32	8:28	
3	Wed	9:41	0.4	10:05	0.5	4:13	0.0	4:05	0.0	5:33	8:28	
4	Thu	10:36	0.4	10:55	0.5	5:06	0.0	4:57	0.0	5:33	8:28	
5	Fri	11:26	0.4	11:41	0.5	5:57	0.0	5:48	0.0	5:34	8:28	
6	Sat			12:15	0.4	6:45	0.0	6:37	0.0	5:35	8:27	
7	Sun	12:25	0.4	1:02	0.4	7:30	0.0	7:24	0.0	5:35	8:27	
8	Mon	1:09	0.4	1:49	0.4	8:11	0.0	8:06	0.1	5:36	8:27	
9	Tue	1:53	0.4	2:36	0.4	8:49	0.0	8:47	0.1	5:37	8:26	
10	Wed	2:36	0.4	3:23	0.4	9:26	0.0	9:28	0.1	5:37	8:26	
11	Thu	3:21	0.4	4:09	0.4	10:02	0.0	10:13	0.1	5:38	8:26	
12	Fri	4:05	0.4	4:52	0.4	10:41	0.1	11:04	0.1	5:39	8:25	
13	Sat	4:49	0.3	5:34	0.4	11:23	0.1			5:39	8:25	
14	Sun	5:33	0.3	6:16	0.4	12:04	0.1	12:12	0.1	5:40	8:24	
15	Mon	6:19	0.3	7:01	0.4	1:07	0.1	1:04	0.1	5:41	8:23	
16	Tue	7:13	0.3	7:52	0.4	2:06	0.1	1:58	0.1	5:42	8:23	
17	Wed	8:16	0.3	8:47	0.4	3:01	0.1	2:50	0.1	5:42	8:22	
18	Thu	9:17	0.3	9:40	0.4	3:52	0.1	3:41	0.1	5:43	8:22	
19	Fri	10:11	0.3	10:29	0.5	4:42	0.0	4:32	0.1	5:44	8:21	
20	Sat	11:00	0.4	11:16	0.5	5:32	0.0	5:24	0.0	5:45	8:20	
21	Sun	11:47	0.4			6:21	0.0	6:17	0.0	5:46	8:19	
22	Mon	12:03	0.5	12:35	0.4	7:08	0.0	7:09	0.0	5:47	8:19	
23	Tue	12:50	0.5	1:24	0.4	7:53	0.0	7:59	0.0	5:47	8:18	
24	Wed	1:40	0.5	2:17	0.4	8:36	0.0	8:49	0.0	5:48	8:17	
25	Thu	2:33	0.5	3:11	0.4	9:20	0.0	9:42	0.0	5:49	8:16	
26	Fri	3:28	0.4	4:07	0.4	10:07	0.0	10:41	0.0	5:50	8:15	
27	Sat	4:24	0.4	5:01	0.4	10:58	0.0	11:47	0.1	5:51	8:14	
28	Sun	5:20	0.4	5:55	0.4	11:56	0.0			5:52	8:13	
29	Mon	6:17	0.4	6:51	0.4	12:57	0.1	12:57	0.0	5:53	8:12	
30	Tue	7:18	0.3	7:51	0.4	2:03	0.1	1:58	0.0	5:54	8:11	
31	Wed	8:23	0.3	8:54	0.4	3:03	0.1	2:56	0.0	5:55	8:10	