

## Lanoka Harbor, NJ - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:53	0.4			6:18	-0.1	6:41	-0.1	6:28	5:48	☀
2	Sun	12:17	0.4	12:41	0.4	7:06	-0.1	7:23	-0.1	6:27	5:49	☀
3	Mon	1:06	0.4	1:33	0.4	7:55	-0.1	8:06	-0.1	6:25	5:50	☀
4	Tue	1:59	0.4	2:29	0.4	8:46	0.0	8:52	0.0	6:24	5:52	☀
5	Wed	2:55	0.4	3:28	0.3	9:45	0.0	9:48	0.0	6:22	5:53	☀
6	Thu	3:54	0.4	4:29	0.3	10:55	0.0	10:55	0.0	6:21	5:54	☀
7	Fri	4:55	0.4	5:32	0.3			12:09	0.0	6:19	5:55	☀
8	Sat	5:59	0.4	6:39	0.3	12:09	0.0	1:18	0.0	6:18	5:56	☀
9	Sun	8:08	0.4	8:47	0.3	1:18	0.0	3:16	0.0	7:16	6:57	☀
10	Mon	9:13	0.4	9:45	0.3	3:18	0.0	4:07	0.0	7:15	6:58	☀
11	Tue	10:06	0.4	10:33	0.4	4:11	0.0	4:53	0.0	7:13	6:59	☀
12	Wed	10:50	0.4	11:15	0.4	4:59	0.0	5:34	0.0	7:11	7:00	☀
13	Thu	11:29	0.4	11:53	0.4	5:43	0.0	6:13	0.0	7:10	7:01	☀
14	Fri			12:06	0.4	6:26	0.0	6:49	0.0	7:08	7:02	☀
15	Sat	12:29	0.4	12:42	0.4	7:06	0.0	7:23	0.0	7:07	7:03	☀
16	Sun	1:04	0.4	1:17	0.4	7:43	0.0	7:54	0.0	7:05	7:04	☀
17	Mon	1:38	0.4	1:52	0.3	8:19	0.0	8:24	0.0	7:03	7:05	☀
18	Tue	2:12	0.4	2:28	0.3	8:53	0.0	8:51	0.0	7:02	7:06	☀
19	Wed	2:46	0.4	3:07	0.3	9:28	0.0	9:19	0.0	7:00	7:07	☀
20	Thu	3:25	0.3	3:52	0.3	10:08	0.1	9:51	0.1	6:59	7:08	☀
21	Fri	4:10	0.3	4:44	0.3	11:00	0.1	10:37	0.1	6:57	7:09	☀
22	Sat	5:02	0.3	5:40	0.3			12:12	0.1	6:55	7:10	☀
23	Sun	6:00	0.3	6:41	0.3			1:25	0.1	6:54	7:11	☀
24	Mon	7:05	0.3	7:49	0.3	1:24	0.1	2:27	0.0	6:52	7:12	☀
25	Tue	8:14	0.4	8:53	0.3	2:33	0.1	3:20	0.0	6:50	7:13	☀
26	Wed	9:16	0.4	9:47	0.4	3:31	0.0	4:08	0.0	6:49	7:14	☀
27	Thu	10:10	0.4	10:36	0.4	4:25	0.0	4:55	0.0	6:47	7:15	☀
28	Fri	10:58	0.4	11:22	0.4	5:18	0.0	5:41	-0.1	6:46	7:16	☀
29	Sat	11:45	0.4			6:10	-0.1	6:27	-0.1	6:44	7:17	☀
30	Sun	12:07	0.5	12:33	0.4	7:02	-0.1	7:13	-0.1	6:42	7:18	☀
31	Mon	12:54	0.5	1:23	0.4	7:52	-0.1	7:59	-0.1	6:41	7:19	☀