

































## Lanoka Harbor, NJ - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:06	0.3	5:43	0.4	11:31	0.1			5:55	8:10	
2	Sat	5:53	0.3	6:28	0.4	12:28	0.1	12:24	0.1	5:56	8:08	
3	Sun	6:44	0.3	7:18	0.4	1:30	0.1	1:22	0.1	5:57	8:07	
4	Mon	7:43	0.3	8:14	0.4	2:27	0.1	2:19	0.1	5:58	8:06	
5	Tue	8:46	0.3	9:10	0.4	3:19	0.1	3:11	0.1	5:59	8:05	
6	Wed	9:42	0.3	9:59	0.4	4:08	0.1	4:01	0.1	6:00	8:04	
7	Thu	10:30	0.3	10:43	0.4	4:54	0.0	4:49	0.1	6:01	8:03	
8	Fri	11:12	0.4	11:25	0.5	5:40	0.0	5:37	0.0	6:02	8:02	
9	Sat	11:53	0.4			6:23	0.0	6:25	0.0	6:03	8:00	
10	Sun	12:05	0.5	12:34	0.4	7:05	0.0	7:11	0.0	6:04	7:59	
11	Mon	12:47	0.5	1:16	0.4	7:45	0.0	7:57	0.0	6:05	7:58	
12	Tue	1:31	0.5	2:02	0.4	8:24	0.0	8:43	0.0	6:06	7:57	
13	Wed	2:19	0.4	2:52	0.4	9:03	0.0	9:32	0.0	6:07	7:55	
14	Thu	3:12	0.4	3:46	0.4	9:45	0.0	10:28	0.0	6:08	7:54	
15	Fri	4:09	0.4	4:42	0.4	10:35	0.0	11:36	0.1	6:08	7:53	
16	Sat	5:08	0.4	5:39	0.4	11:35	0.0			6:09	7:51	
17	Sun	6:08	0.4	6:40	0.4	12:49	0.1	12:44	0.1	6:10	7:50	
18	Mon	7:14	0.3	7:46	0.4	1:59	0.1	1:54	0.1	6:11	7:48	
19	Tue	8:24	0.4	8:53	0.4	3:02	0.0	2:57	0.0	6:12	7:47	
20	Wed	9:29	0.4	9:53	0.4	3:58	0.0	3:55	0.0	6:13	7:46	
21	Thu	10:25	0.4	10:44	0.5	4:49	0.0	4:49	0.0	6:14	7:44	
22	Fri	11:14	0.4	11:29	0.5	5:38	0.0	5:40	0.0	6:15	7:43	
23	Sat	11:58	0.4			6:23	0.0	6:28	0.0	6:16	7:41	
24	Sun	12:11	0.5	12:41	0.4	7:04	0.0	7:12	0.0	6:17	7:40	
25	Mon	12:51	0.4	1:22	0.4	7:41	0.0	7:54	0.0	6:18	7:38	
26	Tue	1:31	0.4	2:03	0.4	8:16	0.0	8:33	0.0	6:19	7:37	
27	Wed	2:11	0.4	2:44	0.4	8:49	0.0	9:12	0.1	6:20	7:35	
28	Thu	2:53	0.4	3:26	0.4	9:20	0.1	9:52	0.1	6:21	7:34	
29	Fri	3:38	0.3	4:10	0.4	9:52	0.1	10:39	0.1	6:22	7:32	
30	Sat	4:26	0.3	4:55	0.4	10:30	0.1	11:38	0.1	6:23	7:31	
31	Sun	5:15	0.3	5:42	0.4	11:23	0.1			6:24	7:29	