

































Lanoka Harbor, NJ - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:14	0.4	7:40	0.4	1:28	0.0	2:15	0.0	6:59	4:32	
2	Tue	8:12	0.4	8:40	0.4	2:20	0.0	3:11	0.0	7:00	4:32	
3	Wed	9:06	0.5	9:35	0.4	3:11	0.0	4:06	0.0	7:01	4:31	
4	Thu	9:58	0.5	10:28	0.4	4:04	0.0	5:01	-0.1	7:02	4:31	
5	Fri	10:49	0.5	11:22	0.4	4:58	-0.1	5:55	-0.1	7:03	4:31	
6	Sat	11:40	0.5			5:52	0.0	6:47	-0.1	7:03	4:31	
7	Sun	12:17	0.4	12:34	0.5	6:45	0.0	7:38	0.0	7:04	4:31	
8	Mon	1:15	0.4	1:31	0.4	7:37	0.0	8:28	0.0	7:05	4:31	
9	Tue	2:14	0.4	2:29	0.4	8:29	0.0	9:20	0.0	7:06	4:31	
10	Wed	3:13	0.4	3:25	0.4	9:26	0.0	10:16	0.0	7:07	4:31	
11	Thu	4:09	0.4	4:19	0.4	10:29	0.1	11:13	0.0	7:08	4:31	
12	Fri	5:00	0.4	5:10	0.3	11:36	0.1			7:08	4:32	
13	Sat	5:51	0.4	6:01	0.3	12:07	0.0	12:38	0.1	7:09	4:32	
14	Sun	6:41	0.4	6:56	0.3	12:57	0.0	1:33	0.1	7:10	4:32	
15	Mon	7:32	0.4	7:51	0.3	1:42	0.0	2:22	0.0	7:11	4:32	
16	Tue	8:20	0.4	8:41	0.3	2:24	0.0	3:07	0.0	7:11	4:33	
17	Wed	9:04	0.4	9:27	0.3	3:05	0.0	3:51	0.0	7:12	4:33	
18	Thu	9:45	0.4	10:08	0.3	3:46	0.0	4:35	0.0	7:13	4:33	
19	Fri	10:23	0.4	10:48	0.3	4:28	0.0	5:18	0.0	7:13	4:34	
20	Sat	10:59	0.4	11:27	0.3	5:10	0.0	6:00	0.0	7:14	4:34	
21	Sun	11:35	0.4			5:52	0.0	6:39	0.0	7:14	4:35	
22	Mon	12:05	0.3	12:11	0.4	6:31	0.0	7:17	0.0	7:15	4:35	
23	Tue	12:44	0.3	12:49	0.4	7:08	0.0	7:53	0.0	7:15	4:36	
24	Wed	1:26	0.3	1:30	0.4	7:45	0.0	8:30	0.0	7:15	4:36	
25	Thu	2:12	0.3	2:18	0.4	8:27	0.0	9:09	0.0	7:16	4:37	
26	Fri	3:02	0.3	3:11	0.4	9:17	0.0	9:56	0.0	7:16	4:38	
27	Sat	3:53	0.3	4:06	0.3	10:24	0.1	10:52	0.0	7:17	4:38	
28	Sun	4:46	0.4	5:04	0.3	11:41	0.0	11:53	0.0	7:17	4:39	
29	Mon	5:42	0.4	6:06	0.3			12:52	0.0	7:17	4:40	
30	Tue	6:43	0.4	7:14	0.3	12:54	0.0	1:56	0.0	7:17	4:40	
31	Wed	7:48	0.4	8:21	0.3	1:54	0.0	2:56	0.0	7:17	4:41	