



## Lanoka Harbor, NJ - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:07	0.4	12:37	0.3	7:07	0.0	6:59	0.1	5:30	8:18	☉
2	Tue	12:44	0.4	1:17	0.3	7:47	0.0	7:38	0.1	5:29	8:19	☉
3	Wed	1:21	0.4	1:59	0.3	8:24	0.0	8:15	0.1	5:29	8:20	☉
4	Thu	1:58	0.4	2:43	0.3	9:01	0.0	8:51	0.1	5:28	8:21	☾
5	Fri	2:39	0.4	3:29	0.3	9:38	0.0	9:29	0.1	5:28	8:21	☾
6	Sat	3:24	0.4	4:16	0.3	10:18	0.1	10:16	0.1	5:28	8:22	☾
7	Sun	4:14	0.4	5:01	0.3	11:03	0.1	11:19	0.1	5:28	8:22	☾
8	Mon	5:04	0.4	5:48	0.4	11:56	0.1			5:28	8:23	☾
9	Tue	5:57	0.4	6:38	0.4	12:33	0.1	12:52	0.0	5:27	8:24	☾
10	Wed	6:55	0.4	7:33	0.4	1:42	0.1	1:48	0.0	5:27	8:24	☾
11	Thu	8:00	0.4	8:33	0.4	2:44	0.1	2:42	0.0	5:27	8:25	☾
12	Fri	9:05	0.4	9:32	0.5	3:42	0.0	3:36	0.0	5:27	8:25	☾
13	Sat	10:06	0.4	10:28	0.5	4:38	0.0	4:31	0.0	5:27	8:25	☾
14	Sun	11:03	0.4	11:21	0.5	5:35	0.0	5:28	0.0	5:27	8:26	☾
15	Mon	11:58	0.4			6:31	0.0	6:26	0.0	5:27	8:26	☾
16	Tue	12:14	0.5	12:54	0.4	7:24	0.0	7:22	0.0	5:27	8:27	☾
17	Wed	1:09	0.5	1:51	0.4	8:15	0.0	8:16	0.0	5:27	8:27	☾
18	Thu	2:05	0.5	2:50	0.4	9:05	0.0	9:09	0.0	5:27	8:27	☾
19	Fri	3:02	0.5	3:48	0.4	9:54	0.0	10:04	0.0	5:28	8:28	☾
20	Sat	3:59	0.4	4:43	0.4	10:46	0.0	11:03	0.1	5:28	8:28	☾
21	Sun	4:52	0.4	5:35	0.4	11:40	0.0			5:28	8:28	☾
22	Mon	5:43	0.4	6:24	0.4	12:07	0.1	12:34	0.0	5:28	8:28	☾
23	Tue	6:33	0.4	7:13	0.4	1:10	0.1	1:25	0.0	5:28	8:28	☾
24	Wed	7:26	0.3	8:04	0.4	2:08	0.1	2:13	0.1	5:29	8:29	☾
25	Thu	8:22	0.3	8:54	0.4	3:00	0.1	2:58	0.1	5:29	8:29	☾
26	Fri	9:17	0.3	9:42	0.4	3:47	0.1	3:42	0.1	5:29	8:29	☉
27	Sat	10:07	0.3	10:26	0.4	4:33	0.1	4:25	0.1	5:30	8:29	☉
28	Sun	10:52	0.3	11:07	0.4	5:18	0.0	5:09	0.1	5:30	8:29	☉
29	Mon	11:35	0.3	11:45	0.4	6:02	0.0	5:54	0.1	5:31	8:29	☉
30	Tue			12:15	0.3	6:45	0.0	6:37	0.1	5:31	8:29	☉