






























Lanoka Harbor, NJ - Mar 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:27	0.4	1:54	0.3	8:19	0.0	8:16	0.0	6:28	5:49	
2	Thu	2:06	0.4	2:41	0.3	8:59	0.0	8:52	0.0	6:26	5:50	
3	Fri	2:55	0.4	3:37	0.3	9:54	0.0	9:43	0.0	6:25	5:51	
4	Sat	3:53	0.4	4:38	0.3	11:12	0.1	10:58	0.0	6:23	5:52	
5	Sun	4:57	0.4	5:44	0.3			12:30	0.0	6:22	5:53	
6	Mon	6:07	0.4	6:56	0.3	12:23	0.0	1:35	0.0	6:20	5:54	
7	Tue	7:20	0.4	8:04	0.3	1:36	0.0	2:32	0.0	6:19	5:55	
8	Wed	8:26	0.4	9:03	0.4	2:38	0.0	3:24	0.0	6:17	5:56	
9	Thu	9:23	0.4	9:54	0.4	3:35	-0.1	4:15	-0.1	6:16	5:57	
10	Fri	10:14	0.4	10:43	0.5	4:31	-0.1	5:04	-0.1	6:14	5:58	
11	Sat	11:03	0.4	11:32	0.5	5:25	-0.1	5:51	-0.1	6:13	5:59	
12	Sun			12:51	0.4	7:16	-0.1	7:37	-0.1	7:11	7:00	
13	Mon	1:20	0.5	1:41	0.4	8:05	-0.1	8:21	-0.1	7:09	7:01	
14	Tue	2:09	0.4	2:33	0.4	8:53	-0.1	9:05	0.0	7:08	7:02	
15	Wed	3:01	0.4	3:27	0.4	9:42	0.0	9:51	0.0	7:06	7:03	
16	Thu	3:55	0.4	4:24	0.3	10:35	0.0	10:43	0.0	7:05	7:04	
17	Fri	4:50	0.4	5:20	0.3	11:37	0.0	11:46	0.1	7:03	7:06	
18	Sat	5:44	0.4	6:16	0.3			12:44	0.1	7:01	7:07	
19	Sun	6:41	0.3	7:15	0.3	12:56	0.1	1:48	0.1	7:00	7:08	
20	Mon	7:40	0.3	8:16	0.3	2:00	0.1	2:42	0.0	6:58	7:09	
21	Tue	8:40	0.3	9:12	0.3	2:56	0.1	3:29	0.0	6:56	7:10	
22	Wed	9:32	0.3	9:59	0.3	3:45	0.0	4:11	0.0	6:55	7:11	
23	Thu	10:17	0.4	10:39	0.4	4:29	0.0	4:50	0.0	6:53	7:12	
24	Fri	10:56	0.4	11:15	0.4	5:12	0.0	5:28	0.0	6:52	7:13	
25	Sat	11:33	0.4	11:49	0.4	5:54	0.0	6:06	0.0	6:50	7:14	
26	Sun			12:08	0.4	6:35	0.0	6:41	0.0	6:48	7:15	
27	Mon	12:20	0.4	12:42	0.4	7:14	0.0	7:16	0.0	6:47	7:16	
28	Tue	12:50	0.4	1:17	0.3	7:51	0.0	7:48	0.0	6:45	7:17	
29	Wed	1:20	0.4	1:53	0.3	8:27	0.0	8:20	0.0	6:44	7:18	
30	Thu	1:55	0.4	2:35	0.3	9:04	0.0	8:54	0.0	6:42	7:19	
31	Fri	2:37	0.4	3:26	0.3	9:46	0.0	9:34	0.0	6:40	7:20	