

































## Lanoka Harbor, NJ - Jun 2029

| Date |     | High  |     |       |     | Low   |     |       |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|-----|-------|-----|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft  | PM    | ft  | Rise  | Set  | Moon  |
| 1    | Fri | 3:11  | 0.4 | 3:52  | 0.4 | 9:55  | 0.0 | 10:07 | 0.1 | 5:29  | 8:19 |    |
| 2    | Sat | 4:04  | 0.4 | 4:44  | 0.4 | 10:43 | 0.0 | 11:04 | 0.1 | 5:29  | 8:19 |    |
| 3    | Sun | 4:54  | 0.4 | 5:32  | 0.4 | 11:34 | 0.0 |       |     | 5:29  | 8:20 |    |
| 4    | Mon | 5:42  | 0.4 | 6:19  | 0.4 | 12:05 | 0.1 | 12:26 | 0.1 | 5:28  | 8:21 |    |
| 5    | Tue | 6:31  | 0.3 | 7:06  | 0.4 | 1:06  | 0.1 | 1:16  | 0.1 | 5:28  | 8:21 |    |
| 6    | Wed | 7:21  | 0.3 | 7:55  | 0.4 | 2:03  | 0.1 | 2:03  | 0.1 | 5:28  | 8:22 |    |
| 7    | Thu | 8:16  | 0.3 | 8:45  | 0.4 | 2:54  | 0.1 | 2:48  | 0.1 | 5:28  | 8:23 |    |
| 8    | Fri | 9:10  | 0.3 | 9:32  | 0.4 | 3:41  | 0.1 | 3:32  | 0.1 | 5:27  | 8:23 |    |
| 9    | Sat | 10:00 | 0.3 | 10:14 | 0.4 | 4:26  | 0.1 | 4:15  | 0.1 | 5:27  | 8:24 |    |
| 10   | Sun | 10:45 | 0.3 | 10:53 | 0.4 | 5:11  | 0.0 | 4:58  | 0.1 | 5:27  | 8:24 |    |
| 11   | Mon | 11:27 | 0.4 | 11:31 | 0.4 | 5:56  | 0.0 | 5:43  | 0.0 | 5:27  | 8:25 |    |
| 12   | Tue |       |     | 12:08 | 0.4 | 6:40  | 0.0 | 6:27  | 0.0 | 5:27  | 8:25 |   |
| 13   | Wed | 12:07 | 0.4 | 12:48 | 0.4 | 7:22  | 0.0 | 7:11  | 0.0 | 5:27  | 8:26 |  |
| 14   | Thu | 12:45 | 0.4 | 1:31  | 0.4 | 8:02  | 0.0 | 7:53  | 0.0 | 5:27  | 8:26 |  |
| 15   | Fri | 1:27  | 0.4 | 2:17  | 0.4 | 8:41  | 0.0 | 8:36  | 0.0 | 5:27  | 8:26 |  |
| 16   | Sat | 2:13  | 0.4 | 3:07  | 0.4 | 9:21  | 0.0 | 9:22  | 0.0 | 5:27  | 8:27 |  |
| 17   | Sun | 3:05  | 0.4 | 4:00  | 0.4 | 10:04 | 0.0 | 10:16 | 0.1 | 5:27  | 8:27 |  |
| 18   | Mon | 4:01  | 0.4 | 4:53  | 0.4 | 10:53 | 0.0 | 11:21 | 0.1 | 5:27  | 8:27 |  |
| 19   | Tue | 4:58  | 0.4 | 5:47  | 0.4 | 11:50 | 0.0 |       |     | 5:28  | 8:28 |  |
| 20   | Wed | 5:55  | 0.4 | 6:42  | 0.4 | 12:32 | 0.1 | 12:51 | 0.0 | 5:28  | 8:28 |  |
| 21   | Thu | 6:56  | 0.4 | 7:42  | 0.5 | 1:41  | 0.0 | 1:52  | 0.0 | 5:28  | 8:28 |  |
| 22   | Fri | 8:03  | 0.4 | 8:44  | 0.5 | 2:45  | 0.0 | 2:50  | 0.0 | 5:28  | 8:28 |  |
| 23   | Sat | 9:10  | 0.4 | 9:43  | 0.5 | 3:43  | 0.0 | 3:46  | 0.0 | 5:29  | 8:28 |  |
| 24   | Sun | 10:11 | 0.4 | 10:37 | 0.5 | 4:39  | 0.0 | 4:42  | 0.0 | 5:29  | 8:29 |  |
| 25   | Mon | 11:06 | 0.4 | 11:28 | 0.5 | 5:33  | 0.0 | 5:36  | 0.0 | 5:29  | 8:29 |  |
| 26   | Tue | 11:58 | 0.4 |       |     | 6:26  | 0.0 | 6:30  | 0.0 | 5:30  | 8:29 |  |
| 27   | Wed | 12:17 | 0.5 | 12:49 | 0.4 | 7:15  | 0.0 | 7:20  | 0.0 | 5:30  | 8:29 |  |
| 28   | Thu | 1:05  | 0.5 | 1:39  | 0.4 | 8:00  | 0.0 | 8:08  | 0.0 | 5:30  | 8:29 |  |
| 29   | Fri | 1:53  | 0.4 | 2:29  | 0.4 | 8:42  | 0.0 | 8:52  | 0.0 | 5:31  | 8:29 |  |
| 30   | Sat | 2:41  | 0.4 | 3:19  | 0.4 | 9:23  | 0.0 | 9:37  | 0.1 | 5:31  | 8:29 |  |