






























## Lanoka Harbor, NJ - Aug 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:23	0.3	4:51	0.4	10:36	0.1	11:29	0.1	5:55	8:10	
2	Thu	5:09	0.3	5:34	0.4	11:22	0.1			5:56	8:08	
3	Fri	5:57	0.3	6:20	0.4	12:32	0.1	12:19	0.1	5:57	8:07	
4	Sat	6:50	0.3	7:11	0.4	1:35	0.1	1:20	0.1	5:58	8:06	
5	Sun	7:49	0.3	8:09	0.4	2:32	0.1	2:18	0.1	5:59	8:05	
6	Mon	8:50	0.3	9:05	0.4	3:24	0.1	3:11	0.1	6:00	8:04	
7	Tue	9:45	0.3	9:56	0.4	4:12	0.1	4:02	0.1	6:01	8:03	
8	Wed	10:32	0.4	10:42	0.5	4:58	0.0	4:52	0.0	6:02	8:02	
9	Thu	11:16	0.4	11:25	0.5	5:43	0.0	5:42	0.0	6:03	8:00	
10	Fri	11:59	0.4			6:28	0.0	6:32	0.0	6:04	7:59	
11	Sat	12:08	0.5	12:44	0.4	7:11	0.0	7:21	0.0	6:05	7:58	
12	Sun	12:53	0.5	1:30	0.5	7:53	0.0	8:10	0.0	6:06	7:57	
13	Mon	1:41	0.5	2:21	0.5	8:34	0.0	8:59	0.0	6:07	7:55	
14	Tue	2:34	0.4	3:15	0.5	9:18	0.0	9:51	0.0	6:08	7:54	
15	Wed	3:30	0.4	4:11	0.5	10:06	0.0	10:51	0.0	6:09	7:53	
16	Thu	4:30	0.4	5:09	0.4	11:02	0.0			6:09	7:51	
17	Fri	5:30	0.4	6:07	0.4	12:00	0.1	12:09	0.0	6:10	7:50	
18	Sat	6:32	0.4	7:08	0.4	1:11	0.1	1:18	0.1	6:11	7:48	
19	Sun	7:37	0.4	8:12	0.4	2:16	0.1	2:23	0.1	6:12	7:47	
20	Mon	8:44	0.4	9:14	0.4	3:14	0.0	3:22	0.0	6:13	7:46	
21	Tue	9:44	0.4	10:07	0.4	4:07	0.0	4:15	0.0	6:14	7:44	
22	Wed	10:35	0.4	10:54	0.5	4:54	0.0	5:05	0.0	6:15	7:43	
23	Thu	11:20	0.4	11:36	0.5	5:39	0.0	5:52	0.0	6:16	7:41	
24	Fri			12:01	0.4	6:21	0.0	6:37	0.0	6:17	7:40	
25	Sat	12:16	0.4	12:40	0.4	7:00	0.0	7:19	0.0	6:18	7:38	
26	Sun	12:55	0.4	1:19	0.4	7:36	0.0	7:59	0.0	6:19	7:37	
27	Mon	1:34	0.4	1:57	0.4	8:10	0.0	8:36	0.1	6:20	7:35	
28	Tue	2:14	0.4	2:36	0.4	8:42	0.0	9:14	0.1	6:21	7:34	
29	Wed	2:57	0.4	3:16	0.4	9:14	0.1	9:54	0.1	6:22	7:32	
30	Thu	3:42	0.3	3:59	0.4	9:48	0.1	10:42	0.1	6:23	7:31	
31	Fri	4:31	0.3	4:45	0.4	10:28	0.1	11:43	0.1	6:24	7:29	