
































## Lanoka Harbor, NJ - Nov 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:04	0.4	7:14	0.4	1:31	0.1	1:50	0.1	7:26	5:54	
2	Fri	8:03	0.4	8:19	0.4	2:25	0.0	2:51	0.0	7:27	5:53	
3	Sat	9:01	0.4	9:19	0.4	3:15	0.0	3:47	0.0	7:28	5:52	
4	Sun	8:54	0.5	9:15	0.4	3:04	0.0	3:42	0.0	6:29	4:50	
5	Mon	9:45	0.5	10:07	0.4	3:54	0.0	4:36	0.0	6:30	4:49	
6	Tue	10:34	0.5	10:58	0.4	4:45	0.0	5:30	-0.1	6:31	4:48	
7	Wed	11:24	0.5	11:51	0.4	5:37	0.0	6:23	-0.1	6:32	4:47	
8	Thu			12:16	0.5	6:29	0.0	7:14	0.0	6:33	4:46	
9	Fri	12:47	0.4	1:12	0.5	7:20	0.0	8:05	0.0	6:35	4:45	
10	Sat	1:47	0.4	2:10	0.5	8:12	0.0	8:58	0.0	6:36	4:44	
11	Sun	2:48	0.4	3:09	0.4	9:08	0.0	9:55	0.0	6:37	4:43	
12	Mon	3:48	0.4	4:06	0.4	10:11	0.1	10:56	0.0	6:38	4:43	
13	Tue	4:44	0.4	5:00	0.4	11:20	0.1	11:55	0.0	6:39	4:42	
14	Wed	5:37	0.4	5:53	0.4			12:25	0.1	6:40	4:41	
15	Thu	6:30	0.4	6:47	0.4	12:48	0.0	1:22	0.1	6:41	4:40	
16	Fri	7:22	0.4	7:41	0.3	1:34	0.0	2:11	0.1	6:43	4:39	
17	Sat	8:10	0.4	8:31	0.4	2:17	0.0	2:57	0.0	6:44	4:39	
18	Sun	8:54	0.4	9:15	0.4	2:57	0.0	3:40	0.0	6:45	4:38	
19	Mon	9:33	0.4	9:57	0.4	3:36	0.0	4:22	0.0	6:46	4:37	
20	Tue	10:10	0.4	10:36	0.4	4:16	0.0	5:05	0.0	6:47	4:37	
21	Wed	10:44	0.4	11:15	0.4	4:56	0.0	5:46	0.0	6:48	4:36	
22	Thu	11:18	0.4	11:53	0.3	5:36	0.0	6:26	0.0	6:49	4:35	
23	Fri	11:51	0.4			6:15	0.0	7:05	0.0	6:50	4:35	
24	Sat	12:32	0.3	12:25	0.4	6:52	0.0	7:42	0.0	6:52	4:34	
25	Sun	1:14	0.3	1:04	0.4	7:29	0.1	8:19	0.0	6:53	4:34	
26	Mon	2:01	0.3	1:51	0.4	8:08	0.1	9:00	0.0	6:54	4:33	
27	Tue	2:52	0.3	2:46	0.4	8:55	0.1	9:49	0.0	6:55	4:33	
28	Wed	3:45	0.3	3:45	0.4	9:57	0.1	10:47	0.0	6:56	4:33	
29	Thu	4:38	0.4	4:43	0.4	11:12	0.1	11:49	0.0	6:57	4:32	
30	Fri	5:33	0.4	5:44	0.4			12:25	0.0	6:58	4:32	