

































Lanoka Harbor, NJ - Dec 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:49	0.4	4:07	0.4	10:18	0.0	10:53	0.0	6:59	4:32	
2	Mon	4:45	0.4	5:02	0.4	11:27	0.0	11:52	0.0	7:00	4:32	
3	Tue	5:39	0.4	5:56	0.4			12:32	0.1	7:00	4:32	
4	Wed	6:33	0.4	6:52	0.3	12:47	0.0	1:30	0.0	7:01	4:31	
5	Thu	7:27	0.4	7:48	0.3	1:36	0.0	2:21	0.0	7:02	4:31	
6	Fri	8:17	0.4	8:40	0.3	2:21	0.0	3:08	0.0	7:03	4:31	
7	Sat	9:02	0.4	9:26	0.3	3:04	0.0	3:52	0.0	7:04	4:31	
8	Sun	9:43	0.4	10:08	0.3	3:45	0.0	4:36	0.0	7:05	4:31	
9	Mon	10:21	0.4	10:49	0.3	4:27	0.0	5:18	0.0	7:06	4:31	
10	Tue	10:58	0.4	11:29	0.3	5:09	0.0	5:59	0.0	7:07	4:31	
11	Wed	11:33	0.4			5:50	0.0	6:38	0.0	7:08	4:31	
12	Thu	12:09	0.3	12:08	0.4	6:29	0.0	7:14	0.0	7:08	4:32	
13	Fri	12:49	0.3	12:42	0.4	7:06	0.0	7:49	0.0	7:09	4:32	
14	Sat	1:30	0.3	1:18	0.4	7:42	0.0	8:23	0.0	7:10	4:32	
15	Sun	2:13	0.3	1:59	0.4	8:20	0.1	8:59	0.0	7:10	4:32	
16	Mon	2:59	0.3	2:48	0.3	9:03	0.1	9:41	0.0	7:11	4:33	
17	Tue	3:46	0.3	3:41	0.3	10:01	0.1	10:34	0.0	7:12	4:33	
18	Wed	4:34	0.3	4:37	0.3	11:13	0.1	11:35	0.0	7:12	4:33	
19	Thu	5:26	0.4	5:37	0.3			12:25	0.0	7:13	4:34	
20	Fri	6:24	0.4	6:43	0.3	12:37	0.0	1:30	0.0	7:13	4:34	
21	Sat	7:27	0.4	7:52	0.3	1:37	0.0	2:29	0.0	7:14	4:35	
22	Sun	8:28	0.4	8:54	0.4	2:33	0.0	3:26	0.0	7:14	4:35	
23	Mon	9:24	0.5	9:51	0.4	3:29	0.0	4:21	-0.1	7:15	4:36	
24	Tue	10:17	0.5	10:45	0.4	4:25	-0.1	5:15	-0.1	7:15	4:36	
25	Wed	11:09	0.5	11:39	0.4	5:22	-0.1	6:08	-0.1	7:16	4:37	
26	Thu			12:01	0.5	6:16	-0.1	6:57	-0.1	7:16	4:37	
27	Fri	12:33	0.4	12:55	0.5	7:08	-0.1	7:45	-0.1	7:16	4:38	
28	Sat	1:29	0.4	1:49	0.4	8:00	0.0	8:33	-0.1	7:17	4:39	
29	Sun	2:26	0.4	2:44	0.4	8:52	0.0	9:22	0.0	7:17	4:40	
30	Mon	3:21	0.4	3:38	0.4	9:50	0.0	10:15	0.0	7:17	4:40	
31	Tue	4:14	0.4	4:31	0.3	10:53	0.0	11:10	0.0	7:17	4:41	