

































Lanoka Harbor, NJ - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:05	0.4	5:23	0.3	11:57	0.0			7:17	4:42	
2	Thu	5:56	0.4	6:17	0.3	12:06	0.0	12:58	0.0	7:18	4:43	
3	Fri	6:49	0.4	7:14	0.3	12:59	0.0	1:52	0.0	7:18	4:44	
4	Sat	7:44	0.4	8:10	0.3	1:48	0.0	2:41	0.0	7:18	4:44	
5	Sun	8:34	0.4	9:00	0.3	2:35	0.0	3:26	0.0	7:18	4:45	
6	Mon	9:19	0.4	9:45	0.3	3:19	0.0	4:10	0.0	7:18	4:46	
7	Tue	9:59	0.4	10:27	0.3	4:03	0.0	4:53	0.0	7:18	4:47	
8	Wed	10:37	0.4	11:06	0.3	4:46	0.0	5:34	0.0	7:17	4:48	
9	Thu	11:12	0.4	11:44	0.3	5:29	0.0	6:13	0.0	7:17	4:49	
10	Fri	11:46	0.4			6:09	0.0	6:49	0.0	7:17	4:50	
11	Sat	12:22	0.3	12:19	0.4	6:47	0.0	7:23	0.0	7:17	4:51	
12	Sun	12:59	0.3	12:53	0.4	7:24	0.0	7:55	0.0	7:17	4:52	
13	Mon	1:37	0.3	1:33	0.4	8:01	0.0	8:28	0.0	7:16	4:53	
14	Tue	2:20	0.3	2:19	0.3	8:43	0.0	9:05	0.0	7:16	4:54	
15	Wed	3:08	0.3	3:13	0.3	9:35	0.0	9:52	0.0	7:16	4:55	
16	Thu	4:01	0.4	4:11	0.3	10:43	0.0	10:55	0.0	7:15	4:57	
17	Fri	4:56	0.4	5:13	0.3	11:59	0.0			7:15	4:58	
18	Sat	5:58	0.4	6:22	0.3	12:07	0.0	1:09	0.0	7:14	4:59	
19	Sun	7:05	0.4	7:34	0.3	1:16	0.0	2:12	0.0	7:14	5:00	
20	Mon	8:11	0.4	8:41	0.3	2:18	0.0	3:09	0.0	7:13	5:01	
21	Tue	9:11	0.4	9:39	0.4	3:17	-0.1	4:04	-0.1	7:13	5:02	
22	Wed	10:04	0.5	10:32	0.4	4:14	-0.1	4:58	-0.1	7:12	5:03	
23	Thu	10:55	0.5	11:23	0.4	5:09	-0.1	5:48	-0.1	7:11	5:05	
24	Fri	11:45	0.5			6:03	-0.1	6:36	-0.1	7:11	5:06	
25	Sat	12:14	0.4	12:35	0.4	6:53	-0.1	7:21	-0.1	7:10	5:07	
26	Sun	1:05	0.4	1:25	0.4	7:40	-0.1	8:05	-0.1	7:09	5:08	
27	Mon	1:56	0.4	2:16	0.4	8:28	0.0	8:48	-0.1	7:08	5:09	
28	Tue	2:47	0.4	3:07	0.4	9:18	0.0	9:33	0.0	7:08	5:10	
29	Wed	3:38	0.4	3:58	0.3	10:14	0.0	10:24	0.0	7:07	5:12	
30	Thu	4:26	0.3	4:48	0.3	11:16	0.0	11:19	0.0	7:06	5:13	
31	Fri	5:15	0.3	5:40	0.3			12:19	0.0	7:05	5:14	