

































Lanoka Harbor, NJ - Mar 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:33	0.3	5:06	0.3	11:34	0.1	11:31	0.1	6:29	5:48	
2	Sun	5:25	0.3	6:01	0.3			12:36	0.1	6:28	5:49	
3	Mon	6:21	0.3	7:01	0.3	12:35	0.1	1:33	0.1	6:26	5:50	
4	Tue	7:21	0.3	7:59	0.3	1:32	0.1	2:22	0.0	6:25	5:51	
5	Wed	8:17	0.3	8:49	0.3	2:24	0.0	3:07	0.0	6:23	5:52	
6	Thu	9:04	0.4	9:32	0.3	3:12	0.0	3:49	0.0	6:22	5:53	
7	Fri	9:45	0.4	10:11	0.4	3:57	0.0	4:31	0.0	6:20	5:54	
8	Sat	10:22	0.4	10:48	0.4	4:42	0.0	5:10	0.0	6:18	5:55	
9	Sun	11:59	0.4			6:25	0.0	6:49	0.0	7:17	6:56	
10	Mon	12:23	0.4	12:36	0.4	7:08	0.0	7:26	0.0	7:15	6:57	
11	Tue	1:00	0.4	1:15	0.4	7:50	0.0	8:03	0.0	7:14	6:59	
12	Wed	1:40	0.4	1:58	0.4	8:32	0.0	8:41	0.0	7:12	7:00	
13	Thu	2:26	0.4	2:49	0.4	9:16	0.0	9:22	0.0	7:11	7:01	
14	Fri	3:19	0.4	3:47	0.3	10:07	0.0	10:12	0.0	7:09	7:02	
15	Sat	4:18	0.4	4:49	0.3	11:10	0.0	11:18	0.0	7:07	7:03	
16	Sun	5:20	0.4	5:52	0.3			12:22	0.0	7:06	7:04	
17	Mon	6:24	0.4	6:58	0.3	12:36	0.0	1:33	0.0	7:04	7:05	
18	Tue	7:30	0.4	8:07	0.3	1:50	0.0	2:36	0.0	7:03	7:06	
19	Wed	8:38	0.4	9:11	0.4	2:55	0.0	3:32	0.0	7:01	7:07	
20	Thu	9:38	0.4	10:07	0.4	3:53	0.0	4:23	0.0	6:59	7:08	
21	Fri	10:31	0.4	10:56	0.4	4:47	0.0	5:11	-0.1	6:58	7:09	
22	Sat	11:18	0.4	11:41	0.4	5:38	-0.1	5:58	-0.1	6:56	7:10	
23	Sun			12:03	0.4	6:27	-0.1	6:42	-0.1	6:54	7:11	
24	Mon	12:24	0.4	12:47	0.4	7:13	-0.1	7:23	0.0	6:53	7:12	
25	Tue	1:06	0.4	1:31	0.4	7:56	0.0	8:02	0.0	6:51	7:13	
26	Wed	1:48	0.4	2:16	0.4	8:36	0.0	8:39	0.0	6:50	7:14	
27	Thu	2:30	0.4	3:03	0.3	9:17	0.0	9:16	0.0	6:48	7:15	
28	Fri	3:15	0.4	3:52	0.3	9:59	0.0	9:55	0.0	6:46	7:16	
29	Sat	4:02	0.4	4:43	0.3	10:47	0.1	10:42	0.1	6:45	7:17	
30	Sun	4:51	0.3	5:34	0.3	11:46	0.1	11:43	0.1	6:43	7:18	
31	Mon	5:41	0.3	6:25	0.3			12:49	0.1	6:42	7:19	