


































Lanoka Harbor, NJ - Jul 2031

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 8:17 | 0.4 | 8:56 | 0.5 | 3:02 | 0.0 | 3:02 | 0.0 | 5:31 | 8:29 |  |
| 2 | Wed | 9:24 | 0.4 | 9:54 | 0.5 | 3:58 | 0.0 | 3:59 | 0.0 | 5:32 | 8:28 |  |
| 3 | Thu | 10:23 | 0.4 | 10:49 | 0.5 | 4:54 | 0.0 | 4:56 | 0.0 | 5:33 | 8:28 |  |
| 4 | Fri | 11:19 | 0.4 | 11:42 | 0.5 | 5:49 | 0.0 | 5:54 | 0.0 | 5:33 | 8:28 |  |
| 5 | Sat | | | 12:13 | 0.4 | 6:42 | -0.1 | 6:51 | 0.0 | 5:34 | 8:28 |  |
| 6 | Sun | 12:34 | 0.5 | 1:08 | 0.4 | 7:33 | -0.1 | 7:45 | 0.0 | 5:34 | 8:28 |  |
| 7 | Mon | 1:28 | 0.5 | 2:04 | 0.4 | 8:22 | -0.1 | 8:37 | 0.0 | 5:35 | 8:27 |  |
| 8 | Tue | 2:22 | 0.5 | 3:01 | 0.4 | 9:09 | -0.1 | 9:30 | 0.0 | 5:35 | 8:27 |  |
| 9 | Wed | 3:18 | 0.5 | 3:57 | 0.4 | 9:58 | 0.0 | 10:26 | 0.0 | 5:36 | 8:27 |  |
| 10 | Thu | 4:13 | 0.4 | 4:51 | 0.4 | 10:49 | 0.0 | 11:27 | 0.1 | 5:37 | 8:26 |  |
| 11 | Fri | 5:07 | 0.4 | 5:42 | 0.4 | 11:43 | 0.0 | | | 5:37 | 8:26 |  |
| 12 | Sat | 5:59 | 0.4 | 6:33 | 0.4 | 12:31 | 0.1 | 12:39 | 0.0 | 5:38 | 8:25 |  |
| 13 | Sun | 6:52 | 0.4 | 7:25 | 0.4 | 1:34 | 0.1 | 1:34 | 0.1 | 5:39 | 8:25 |  |
| 14 | Mon | 7:48 | 0.3 | 8:19 | 0.4 | 2:31 | 0.1 | 2:25 | 0.1 | 5:40 | 8:24 |  |
| 15 | Tue | 8:46 | 0.3 | 9:12 | 0.4 | 3:22 | 0.1 | 3:14 | 0.1 | 5:40 | 8:24 |  |
| 16 | Wed | 9:40 | 0.3 | 9:59 | 0.4 | 4:09 | 0.1 | 4:00 | 0.1 | 5:41 | 8:23 |  |
| 17 | Thu | 10:28 | 0.4 | 10:42 | 0.4 | 4:53 | 0.0 | 4:44 | 0.1 | 5:42 | 8:23 |  |
| 18 | Fri | 11:12 | 0.4 | 11:22 | 0.4 | 5:37 | 0.0 | 5:29 | 0.0 | 5:43 | 8:22 |  |
| 19 | Sat | 11:53 | 0.4 | 11:59 | 0.4 | 6:19 | 0.0 | 6:13 | 0.0 | 5:44 | 8:21 |  |
| 20 | Sun | | | 12:33 | 0.4 | 6:59 | 0.0 | 6:56 | 0.0 | 5:44 | 8:21 |  |
| 21 | Mon | 12:34 | 0.4 | 1:11 | 0.4 | 7:36 | 0.0 | 7:36 | 0.1 | 5:45 | 8:20 |  |
| 22 | Tue | 1:08 | 0.4 | 1:49 | 0.4 | 8:10 | 0.0 | 8:13 | 0.1 | 5:46 | 8:19 |  |
| 23 | Wed | 1:42 | 0.4 | 2:27 | 0.4 | 8:42 | 0.0 | 8:50 | 0.1 | 5:47 | 8:18 |  |
| 24 | Thu | 2:18 | 0.4 | 3:07 | 0.4 | 9:13 | 0.0 | 9:29 | 0.1 | 5:48 | 8:18 |  |
| 25 | Fri | 2:59 | 0.4 | 3:50 | 0.4 | 9:46 | 0.0 | 10:14 | 0.1 | 5:49 | 8:17 |  |
| 26 | Sat | 3:48 | 0.4 | 4:37 | 0.4 | 10:25 | 0.0 | 11:13 | 0.1 | 5:50 | 8:16 |  |
| 27 | Sun | 4:43 | 0.4 | 5:28 | 0.4 | 11:17 | 0.1 | | | 5:50 | 8:15 |  |
| 28 | Mon | 5:41 | 0.4 | 6:24 | 0.4 | 12:24 | 0.1 | 12:25 | 0.1 | 5:51 | 8:14 |  |
| 29 | Tue | 6:44 | 0.4 | 7:27 | 0.4 | 1:35 | 0.1 | 1:36 | 0.0 | 5:52 | 8:13 |  |
| 30 | Wed | 7:54 | 0.4 | 8:34 | 0.5 | 2:40 | 0.0 | 2:42 | 0.0 | 5:53 | 8:12 |  |
| 31 | Thu | 9:05 | 0.4 | 9:37 | 0.5 | 3:39 | 0.0 | 3:43 | 0.0 | 5:54 | 8:11 |  |