



Lanoka Harbor, NJ - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:39	0.5	11:05	0.4	4:53	0.0	5:39	-0.1	7:18	4:42	☀
2	Sun	11:24	0.5	11:53	0.4	5:43	-0.1	6:26	-0.1	7:18	4:43	☀
3	Mon			12:12	0.5	6:32	-0.1	7:11	-0.1	7:18	4:44	☀
4	Tue	12:43	0.4	1:04	0.4	7:21	-0.1	7:57	-0.1	7:18	4:45	☀
5	Wed	1:38	0.4	1:59	0.4	8:12	0.0	8:44	-0.1	7:18	4:46	☀
6	Thu	2:36	0.4	2:57	0.4	9:07	0.0	9:37	-0.1	7:18	4:47	☀
7	Fri	3:34	0.4	3:55	0.4	10:10	0.0	10:36	0.0	7:17	4:48	☀
8	Sat	4:31	0.4	4:52	0.4	11:20	0.0	11:38	0.0	7:17	4:49	☀
9	Sun	5:28	0.4	5:51	0.3			12:29	0.0	7:17	4:50	☀
10	Mon	6:27	0.4	6:54	0.3	12:40	0.0	1:32	0.0	7:17	4:51	☀
11	Tue	7:29	0.4	7:57	0.3	1:38	0.0	2:29	0.0	7:17	4:52	☀
12	Wed	8:27	0.4	8:54	0.3	2:31	0.0	3:21	0.0	7:16	4:53	☀
13	Thu	9:18	0.4	9:44	0.3	3:21	0.0	4:10	0.0	7:16	4:54	☀
14	Fri	10:03	0.4	10:30	0.4	4:09	0.0	4:57	0.0	7:16	4:55	☀
15	Sat	10:45	0.4	11:13	0.4	4:56	0.0	5:40	0.0	7:15	4:56	☀
16	Sun	11:25	0.4	11:55	0.4	5:40	0.0	6:21	0.0	7:15	4:57	☀
17	Mon			12:04	0.4	6:22	0.0	6:58	0.0	7:14	4:58	☀
18	Tue	12:36	0.3	12:43	0.4	7:01	0.0	7:33	0.0	7:14	4:59	☀
19	Wed	1:18	0.3	1:22	0.4	7:38	0.0	8:07	0.0	7:13	5:01	☀
20	Thu	2:01	0.3	2:02	0.3	8:16	0.0	8:41	0.0	7:13	5:02	☀
21	Fri	2:44	0.3	2:44	0.3	8:55	0.0	9:17	0.0	7:12	5:03	☀
22	Sat	3:28	0.3	3:28	0.3	9:42	0.0	9:59	0.0	7:12	5:04	☀
23	Sun	4:11	0.3	4:15	0.3	10:41	0.1	10:53	0.0	7:11	5:05	☀
24	Mon	4:56	0.3	5:05	0.3	11:49	0.1	11:56	0.0	7:10	5:06	☀
25	Tue	5:46	0.3	6:04	0.3			12:54	0.0	7:10	5:07	☀
26	Wed	6:44	0.3	7:09	0.3	12:58	0.0	1:52	0.0	7:09	5:09	☀
27	Thu	7:45	0.4	8:13	0.3	1:55	0.0	2:45	0.0	7:08	5:10	☀
28	Fri	8:41	0.4	9:08	0.3	2:49	0.0	3:36	0.0	7:07	5:11	☀
29	Sat	9:32	0.4	9:58	0.4	3:41	0.0	4:26	-0.1	7:06	5:12	☀
30	Sun	10:20	0.4	10:46	0.4	4:34	-0.1	5:16	-0.1	7:05	5:13	☀
31	Mon	11:08	0.5	11:35	0.4	5:27	-0.1	6:04	-0.1	7:05	5:15	☀