



Lanoka Harbor, NJ - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:12	0.5	1:46	0.4	8:10	-0.1	8:15	0.0	5:56	7:51	☀
2	Mon	2:03	0.5	2:41	0.4	8:58	0.0	9:02	0.0	5:54	7:52	🌙
3	Tue	2:55	0.4	3:37	0.4	9:46	0.0	9:50	0.0	5:53	7:53	🌙
4	Wed	3:50	0.4	4:32	0.4	10:38	0.0	10:44	0.1	5:52	7:54	🌙
5	Thu	4:43	0.4	5:25	0.4	11:35	0.0	11:45	0.1	5:51	7:55	🌙
6	Fri	5:35	0.4	6:15	0.4			12:33	0.1	5:50	7:56	🌙
7	Sat	6:25	0.4	7:07	0.4	12:49	0.1	1:28	0.1	5:49	7:57	🌙
8	Sun	7:18	0.3	7:59	0.4	1:48	0.1	2:17	0.1	5:47	7:58	🌙
9	Mon	8:13	0.3	8:50	0.4	2:41	0.1	3:02	0.0	5:46	7:59	🌙
10	Tue	9:06	0.3	9:37	0.4	3:29	0.1	3:44	0.0	5:45	8:00	☀
11	Wed	9:54	0.4	10:19	0.4	4:14	0.0	4:25	0.0	5:44	8:01	☀
12	Thu	10:37	0.4	10:57	0.4	4:58	0.0	5:05	0.0	5:43	8:02	☀
13	Fri	11:17	0.4	11:33	0.4	5:42	0.0	5:46	0.0	5:42	8:03	☀
14	Sat	11:55	0.4			6:25	0.0	6:27	0.0	5:41	8:04	☀
15	Sun	12:08	0.4	12:33	0.4	7:07	0.0	7:07	0.0	5:41	8:04	☀
16	Mon	12:43	0.4	1:12	0.4	7:48	0.0	7:45	0.0	5:40	8:05	☀
17	Tue	1:21	0.4	1:54	0.4	8:27	0.0	8:24	0.0	5:39	8:06	☀
18	Wed	2:03	0.4	2:43	0.4	9:08	0.0	9:06	0.0	5:38	8:07	☀
19	Thu	2:54	0.4	3:38	0.4	9:53	0.0	9:55	0.1	5:37	8:08	☀
20	Fri	3:51	0.4	4:35	0.4	10:44	0.0	10:58	0.1	5:36	8:09	☀
21	Sat	4:50	0.4	5:32	0.4	11:45	0.0			5:36	8:10	☀
22	Sun	5:49	0.4	6:29	0.4	12:13	0.1	12:48	0.0	5:35	8:11	🌙
23	Mon	6:50	0.4	7:30	0.4	1:25	0.1	1:48	0.0	5:34	8:12	🌙
24	Tue	7:55	0.4	8:32	0.5	2:30	0.0	2:45	0.0	5:34	8:13	🌙
25	Wed	8:59	0.4	9:30	0.5	3:29	0.0	3:39	0.0	5:33	8:13	🌙
26	Thu	9:58	0.4	10:24	0.5	4:25	0.0	4:31	0.0	5:32	8:14	🌙
27	Fri	10:52	0.4	11:14	0.5	5:19	0.0	5:23	0.0	5:32	8:15	🌙
28	Sat	11:44	0.4			6:12	0.0	6:15	0.0	5:31	8:16	☀
29	Sun	12:02	0.5	12:35	0.4	7:03	0.0	7:05	0.0	5:31	8:17	☀
30	Mon	12:50	0.5	1:26	0.4	7:51	0.0	7:53	0.0	5:30	8:17	☀
31	Tue	1:39	0.5	2:18	0.4	8:37	0.0	8:38	0.0	5:30	8:18	☀