

































## Lanoka Harbor, NJ - Jan 2034

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:42	0.4	8:12	0.4	1:52	0.0	2:43	0.0	7:17	4:42	
2	Mon	8:41	0.4	9:10	0.4	2:47	-0.1	3:37	-0.1	7:18	4:43	
3	Tue	9:35	0.4	10:03	0.4	3:40	-0.1	4:30	-0.1	7:18	4:44	
4	Wed	10:24	0.5	10:53	0.4	4:33	-0.1	5:21	-0.1	7:18	4:45	
5	Thu	11:11	0.4	11:42	0.4	5:24	-0.1	6:09	-0.1	7:18	4:46	
6	Fri	11:57	0.4			6:12	-0.1	6:54	-0.1	7:18	4:47	
7	Sat	12:30	0.4	12:43	0.4	6:58	0.0	7:36	-0.1	7:17	4:47	
8	Sun	1:18	0.4	1:29	0.4	7:41	0.0	8:16	0.0	7:17	4:48	
9	Mon	2:07	0.3	2:16	0.4	8:23	0.0	8:57	0.0	7:17	4:49	
10	Tue	2:56	0.3	3:04	0.3	9:08	0.0	9:40	0.0	7:17	4:50	
11	Wed	3:44	0.3	3:51	0.3	9:59	0.0	10:28	0.0	7:17	4:51	
12	Thu	4:30	0.3	4:37	0.3	10:59	0.1	11:21	0.0	7:16	4:53	
13	Fri	5:17	0.3	5:26	0.3			12:01	0.1	7:16	4:54	
14	Sat	6:06	0.3	6:20	0.3	12:16	0.0	1:00	0.1	7:16	4:55	
15	Sun	6:59	0.3	7:19	0.3	1:09	0.0	1:54	0.0	7:15	4:56	
16	Mon	7:53	0.3	8:16	0.3	1:59	0.0	2:43	0.0	7:15	4:57	
17	Tue	8:42	0.4	9:05	0.3	2:46	0.0	3:30	0.0	7:15	4:58	
18	Wed	9:26	0.4	9:49	0.3	3:32	0.0	4:16	0.0	7:14	4:59	
19	Thu	10:07	0.4	10:31	0.3	4:18	0.0	5:01	0.0	7:14	5:00	
20	Fri	10:48	0.4	11:12	0.4	5:04	0.0	5:45	-0.1	7:13	5:01	
21	Sat	11:29	0.4	11:55	0.4	5:50	0.0	6:28	-0.1	7:12	5:03	
22	Sun			12:12	0.4	6:35	0.0	7:09	-0.1	7:12	5:04	
23	Mon	12:40	0.4	12:59	0.4	7:20	0.0	7:51	-0.1	7:11	5:05	
24	Tue	1:30	0.4	1:51	0.4	8:07	0.0	8:35	-0.1	7:10	5:06	
25	Wed	2:24	0.4	2:46	0.4	8:59	0.0	9:24	-0.1	7:10	5:07	
26	Thu	3:21	0.4	3:45	0.4	10:01	0.0	10:21	0.0	7:09	5:08	
27	Fri	4:18	0.4	4:43	0.3	11:12	0.0	11:26	0.0	7:08	5:10	
28	Sat	5:17	0.4	5:45	0.3			12:23	0.0	7:07	5:11	
29	Sun	6:19	0.4	6:50	0.3	12:32	0.0	1:29	0.0	7:07	5:12	
30	Mon	7:24	0.4	7:57	0.3	1:35	0.0	2:28	0.0	7:06	5:13	
31	Tue	8:26	0.4	8:56	0.3	2:32	0.0	3:22	0.0	7:05	5:14	