US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**11:55**	0.4			**6:15**	0.0	**7:04**	0.0	7:17	4:42	
2	Mon	**12:35**	0.3	**12:29**	0.4	**6:53**	0.0	**7:39**	0.0	7:18	4:43	
3	Tue	**1:16**	0.3	**1:05**	0.4	**7:29**	0.0	**8:14**	0.0	7:18	4:43	
4	Wed	**1:58**	0.3	**1:46**	0.4	**8:06**	0.0	**8:49**	0.0	7:18	4:44	
5	Thu	**2:43**	0.3	**2:33**	0.3	**8:47**	0.0	**9:28**	0.0	7:18	4:45	
6	Fri	**3:30**	0.3	**3:26**	0.3	**9:41**	0.1	**10:17**	0.0	7:18	4:46	
7	Sat	**4:19**	0.3	**4:22**	0.3	**10:51**	0.1	**11:17**	0.0	7:18	4:47	
8	Sun	**5:11**	0.4	**5:21**	0.3			**12:07**	0.0	7:17	4:48	
9	Mon	**6:09**	0.4	**6:27**	0.3	**12:20**	0.0	**1:16**	0.0	7:17	4:49	
10	Tue	**7:12**	0.4	**7:38**	0.3	**1:22**	0.0	**2:18**	0.0	7:17	4:50	
11	Wed	**8:16**	0.4	**8:43**	0.3	**2:20**	0.0	**3:15**	0.0	7:17	4:51	
12	Thu	**9:14**	0.5	**9:42**	0.4	**3:17**	0.0	**4:12**	-0.1	7:17	4:52	
13	Fri	**10:08**	0.5	**10:36**	0.4	**4:14**	-0.1	**5:07**	-0.1	7:16	4:53	
14	Sat	**11:00**	0.5	**11:30**	0.4	**5:11**	-0.1	**5:59**	-0.1	7:16	4:54	
15	Sun	**11:52**	0.5			**6:06**	-0.1	**6:49**	-0.1	7:16	4:55	
16	Mon	**12:24**	0.4	**12:45**	0.4	**6:58**	-0.1	**7:36**	-0.1	7:15	4:56	
17	Tue	**1:18**	0.4	**1:38**	0.4	**7:48**	-0.1	**8:22**	-0.1	7:15	4:57	
18	Wed	**2:13**	0.4	**2:31**	0.4	**8:38**	0.0	**9:09**	-0.1	7:14	4:59	
19	Thu	**3:07**	0.4	**3:23**	0.4	**9:32**	0.0	**9:59**	0.0	7:14	5:00	
20	Fri	**3:59**	0.4	**4:14**	0.3	**10:32**	0.0	**10:51**	0.0	7:13	5:01	
21	Sat	**4:48**	0.3	**5:04**	0.3	**11:36**	0.0	**11:45**	0.0	7:13	5:02	
22	Sun	**5:37**	0.3	**5:57**	0.3			**12:38**	0.0	7:12	5:03	
23	Mon	**6:28**	0.3	**6:54**	0.3	**12:38**	0.0	**1:35**	0.0	7:11	5:04	
24	Tue	**7:23**	0.3	**7:52**	0.3	**1:29**	0.0	**2:26**	0.0	7:11	5:05	
25	Wed	**8:17**	0.3	**8:46**	0.3	**2:16**	0.0	**3:13**	0.0	7:10	5:07	
26	Thu	**9:04**	0.4	**9:33**	0.3	**3:02**	0.0	**3:58**	0.0	7:09	5:08	
27	Fri	**9:46**	0.4	**10:16**	0.3	**3:47**	0.0	**4:41**	0.0	7:09	5:09	
28	Sat	**10:25**	0.4	**10:55**	0.3	**4:32**	0.0	**5:23**	0.0	7:08	5:10	
29	Sun	**11:01**	0.4	**11:33**	0.3	**5:15**	0.0	**6:03**	0.0	7:07	5:11	
30	Mon	**11:36**	0.4			**5:57**	0.0	**6:40**	0.0	7:06	5:13	
31	Tue	**12:10**	0.3	**12:10**	0.4	**6:36**	0.0	**7:14**	0.0	7:05	5:14	