US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:17	0.4	12:24	0.4	6:56	0.0	7:18	0.0	6:28	5:49	
2	Fri	12:54	0.4	1:04	0.4	7:35	0.0	7:51	0.0	6:26	5:50	
3	Sat	1:36	0.4	1:50	0.3	8:17	0.0	8:27	0.0	6:25	5:51	
4	Sun	2:24	0.4	2:44	0.3	9:06	0.0	9:10	0.0	6:23	5:52	
5	Mon	3:20	0.4	3:44	0.3	10:08	0.0	10:09	0.0	6:22	5:53	
6	Tue	4:19	0.4	4:48	0.3	11:24	0.0	11:28	0.0	6:20	5:54	
7	Wed	5:23	0.4	5:56	0.3			12:39	0.0	6:19	5:55	
8	Thu	6:33	0.4	7:10	0.3	12:46	0.0	1:45	0.0	6:17	5:56	
9	Fri	7:44	0.4	8:19	0.3	1:55	0.0	2:44	0.0	6:16	5:57	
10	Sat	8:47	0.4	9:17	0.4	2:56	0.0	3:37	0.0	6:14	5:58	
11	Sun	10:41	0.4	11:08	0.4	4:52	0.0	5:28	-0.1	7:12	6:59	
12	Mon	11:30	0.4	11:55	0.4	5:45	-0.1	6:15	-0.1	7:11	7:00	
13	Tue			12:15	0.4	6:35	-0.1	7:00	-0.1	7:09	7:01	
14	Wed	12:40	0.4	1:00	0.4	7:22	-0.1	7:41	-0.1	7:08	7:03	
15	Thu	1:23	0.4	1:44	0.4	8:06	0.0	8:19	0.0	7:06	7:04	
16	Fri	2:06	0.4	2:30	0.4	8:48	0.0	8:56	0.0	7:04	7:05	
17	Sat	2:49	0.4	3:17	0.3	9:30	0.0	9:32	0.0	7:03	7:06	
18	Sun	3:34	0.4	4:06	0.3	10:14	0.0	10:10	0.0	7:01	7:07	
19	Mon	4:20	0.4	4:56	0.3	11:06	0.1	10:57	0.1	7:00	7:08	
20	Tue	5:08	0.3	5:47	0.3			12:09	0.1	6:58	7:09	
21	Wed	5:58	0.3	6:42	0.3			1:15	0.1	6:56	7:10	
22	Thu	6:54	0.3	7:42	0.3	1:08	0.1	2:15	0.1	6:55	7:11	
23	Fri	7:56	0.3	8:42	0.3	2:12	0.1	3:07	0.1	6:53	7:12	
24	Sat	8:56	0.3	9:35	0.3	3:07	0.1	3:53	0.0	6:51	7:13	
25	Sun	9:47	0.4	10:19	0.3	3:56	0.0	4:35	0.0	6:50	7:14	
26	Mon	10:30	0.4	10:58	0.4	4:42	0.0	5:16	0.0	6:48	7:15	
27	Tue	11:08	0.4	11:35	0.4	5:27	0.0	5:56	0.0	6:47	7:16	
28	Wed	11:46	0.4			6:12	0.0	6:35	0.0	6:45	7:17	
29	Thu	12:11	0.4	12:24	0.4	6:56	0.0	7:13	0.0	6:43	7:18	
30	Fri	12:48	0.4	1:04	0.4	7:39	0.0	7:50	0.0	6:42	7:19	
31	Sat	1:28	0.4	1:48	0.4	8:22	0.0	8:28	0.0	6:40	7:20	