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# Lanoka Harbor, NJ - Jun 2040

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 4:46 | 0.4 | 5:28 | 0.4 | 11:37 | 0.0 | | | 5:29 | 8:19 | |
| 2 | Sat | 5:43 | 0.4 | 6:24 | 0.4 | 12:01 | 0.1 | 12:39 | 0.0 | 5:29 | 8:20 | |
| 3 | Sun | 6:39 | 0.4 | 7:20 | 0.4 | 1:10 | 0.1 | 1:36 | 0.0 | 5:29 | 8:20 | |
| 4 | Mon | 7:37 | 0.4 | 8:16 | 0.4 | 2:13 | 0.1 | 2:27 | 0.0 | 5:28 | 8:21 | |
| 5 | Tue | 8:35 | 0.4 | 9:08 | 0.4 | 3:08 | 0.0 | 3:14 | 0.0 | 5:28 | 8:22 | |
| 6 | Wed | 9:29 | 0.4 | 9:55 | 0.4 | 3:58 | 0.0 | 3:58 | 0.0 | 5:28 | 8:22 | |
| 7 | Thu | 10:18 | 0.4 | 10:37 | 0.4 | 4:45 | 0.0 | 4:40 | 0.0 | 5:28 | 8:23 | |
| 8 | Fri | 11:02 | 0.4 | 11:16 | 0.4 | 5:31 | 0.0 | 5:22 | 0.0 | 5:27 | 8:23 | |
| 9 | Sat | 11:45 | 0.4 | 11:54 | 0.4 | 6:15 | 0.0 | 6:04 | 0.0 | 5:27 | 8:24 | |
| 10 | Sun | | | 12:27 | 0.4 | 6:58 | 0.0 | 6:45 | 0.1 | 5:27 | 8:24 | |
| 11 | Mon | 12:31 | 0.4 | 1:10 | 0.3 | 7:38 | 0.0 | 7:26 | 0.1 | 5:27 | 8:25 | |
| 12 | Tue | 1:09 | 0.4 | 1:54 | 0.3 | 8:17 | 0.0 | 8:04 | 0.1 | 5:27 | 8:25 | |
| 13 | Wed | 1:47 | 0.4 | 2:39 | 0.3 | 8:54 | 0.0 | 8:42 | 0.1 | 5:27 | 8:26 | |
| 14 | Thu | 2:26 | 0.4 | 3:27 | 0.3 | 9:31 | 0.0 | 9:20 | 0.1 | 5:27 | 8:26 | |
| 15 | Fri | 3:09 | 0.4 | 4:14 | 0.3 | 10:10 | 0.1 | 10:03 | 0.1 | 5:27 | 8:27 | |
| 16 | Sat | 3:55 | 0.4 | 4:58 | 0.3 | 10:53 | 0.1 | 10:57 | 0.1 | 5:27 | 8:27 | |
| 17 | Sun | 4:43 | 0.4 | 5:41 | 0.4 | 11:43 | 0.1 | | | 5:27 | 8:27 | |
| 18 | Mon | 5:32 | 0.4 | 6:26 | 0.4 | 12:03 | 0.1 | 12:36 | 0.1 | 5:27 | 8:28 | |
| 19 | Tue | 6:24 | 0.4 | 7:16 | 0.4 | 1:11 | 0.1 | 1:30 | 0.1 | 5:28 | 8:28 | |
| 20 | Wed | 7:23 | 0.4 | 8:11 | 0.4 | 2:14 | 0.1 | 2:22 | 0.0 | 5:28 | 8:28 | |
| 21 | Thu | 8:28 | 0.4 | 9:07 | 0.5 | 3:11 | 0.0 | 3:13 | 0.0 | 5:28 | 8:28 | |
| 22 | Fri | 9:31 | 0.4 | 10:01 | 0.5 | 4:06 | 0.0 | 4:05 | 0.0 | 5:28 | 8:28 | |
| 23 | Sat | 10:28 | 0.4 | 10:53 | 0.5 | 5:01 | 0.0 | 4:59 | 0.0 | 5:29 | 8:29 | |
| 24 | Sun | 11:22 | 0.4 | 11:45 | 0.5 | 5:56 | 0.0 | 5:55 | 0.0 | 5:29 | 8:29 | |
| 25 | Mon | | | 12:17 | 0.4 | 6:50 | 0.0 | 6:51 | 0.0 | 5:29 | 8:29 | |
| 26 | Tue | 12:38 | 0.5 | 1:13 | 0.4 | 7:43 | -0.1 | 7:46 | 0.0 | 5:30 | 8:29 | |
| 27 | Wed | 1:33 | 0.5 | 2:12 | 0.4 | 8:33 | 0.0 | 8:40 | 0.0 | 5:30 | 8:29 | |
| 28 | Thu | 2:30 | 0.5 | 3:12 | 0.4 | 9:23 | 0.0 | 9:34 | 0.0 | 5:31 | 8:29 | |
| 29 | Fri | 3:29 | 0.5 | 4:11 | 0.4 | 10:15 | 0.0 | 10:34 | 0.0 | 5:31 | 8:29 | |
| 30 | Sat | 4:26 | 0.4 | 5:07 | 0.4 | 11:09 | 0.0 | 11:39 | 0.1 | 5:31 | 8:29 | |