US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jul 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:20	0.4	5:59	0.4			12:05	0.0	5:32	8:29	
2	Mon	6:13	0.4	6:50	0.4	12:45	0.1	1:01	0.0	5:32	8:28	
3	Tue	7:06	0.4	7:43	0.4	1:47	0.1	1:52	0.0	5:33	8:28	
4	Wed	8:03	0.3	8:36	0.4	2:44	0.1	2:41	0.0	5:34	8:28	
5	Thu	9:00	0.3	9:25	0.4	3:34	0.1	3:26	0.0	5:34	8:28	
6	Fri	9:52	0.3	10:11	0.4	4:21	0.0	4:10	0.1	5:35	8:27	
7	Sat	10:39	0.3	10:52	0.4	5:07	0.0	4:53	0.1	5:35	8:27	
8	Sun	11:23	0.4	11:31	0.4	5:51	0.0	5:37	0.1	5:36	8:27	
9	Mon			12:05	0.4	6:34	0.0	6:21	0.1	5:37	8:26	
10	Tue	12:09	0.4	12:46	0.4	7:15	0.0	7:04	0.1	5:37	8:26	
11	Wed	12:46	0.4	1:28	0.4	7:53	0.0	7:44	0.1	5:38	8:26	
12	Thu	1:22	0.4	2:09	0.3	8:29	0.0	8:21	0.1	5:39	8:25	
13	Fri	1:58	0.4	2:51	0.3	9:03	0.0	8:58	0.1	5:40	8:25	
14	Sat	2:36	0.4	3:33	0.3	9:36	0.0	9:37	0.1	5:40	8:24	
15	Sun	3:18	0.4	4:16	0.4	10:10	0.1	10:24	0.1	5:41	8:23	
16	Mon	4:05	0.4	4:59	0.4	10:51	0.1	11:23	0.1	5:42	8:23	
17	Tue	4:55	0.4	5:45	0.4	11:41	0.1			5:43	8:22	
18	Wed	5:49	0.4	6:36	0.4	12:34	0.1	12:40	0.1	5:43	8:22	
19	Thu	6:49	0.3	7:35	0.4	1:43	0.1	1:43	0.0	5:44	8:21	
20	Fri	7:58	0.3	8:39	0.5	2:47	0.1	2:44	0.0	5:45	8:20	
21	Sat	9:08	0.4	9:40	0.5	3:45	0.0	3:43	0.0	5:46	8:19	
22	Sun	10:11	0.4	10:37	0.5	4:42	0.0	4:41	0.0	5:47	8:19	
23	Mon	11:08	0.4	11:31	0.5	5:38	0.0	5:40	0.0	5:48	8:18	
24	Tue			12:03	0.4	6:32	0.0	6:38	0.0	5:49	8:17	
25	Wed	12:24	0.5	12:57	0.4	7:24	-0.1	7:33	0.0	5:49	8:16	
26	Thu	1:17	0.5	1:53	0.4	8:13	-0.1	8:25	0.0	5:50	8:15	
27	Fri	2:11	0.5	2:48	0.4	8:59	0.0	9:17	0.0	5:51	8:14	
28	Sat	3:06	0.5	3:44	0.4	9:46	0.0	10:11	0.0	5:52	8:13	
29	Sun	4:00	0.4	4:37	0.4	10:35	0.0	11:10	0.1	5:53	8:12	
30	Mon	4:53	0.4	5:27	0.4	11:26	0.0			5:54	8:11	
31	Tue	5:44	0.4	6:16	0.4	12:13	0.1	12:20	0.0	5:55	8:10	