
































Lanoka Harbor, NJ - Apr 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:57	0.3	4:36	0.3	10:48	0.1	10:25	0.1	6:40	7:20	
2	Thu	4:49	0.3	5:31	0.3	11:55	0.1	11:38	0.1	6:38	7:21	
3	Fri	5:46	0.3	6:29	0.3			1:07	0.1	6:37	7:22	
4	Sat	6:48	0.3	7:32	0.3	1:07	0.1	2:09	0.1	6:35	7:23	
5	Sun	7:54	0.4	8:35	0.3	2:17	0.1	3:02	0.0	6:33	7:24	
6	Mon	8:57	0.4	9:30	0.4	3:16	0.0	3:50	0.0	6:32	7:25	
7	Tue	9:52	0.4	10:19	0.4	4:10	0.0	4:36	0.0	6:30	7:26	
8	Wed	10:42	0.4	11:05	0.5	5:02	0.0	5:22	0.0	6:29	7:27	
9	Thu	11:29	0.4	11:50	0.5	5:54	0.0	6:08	-0.1	6:27	7:28	
10	Fri			12:17	0.4	6:46	-0.1	6:55	-0.1	6:26	7:29	
11	Sat	12:36	0.5	1:06	0.4	7:37	-0.1	7:41	-0.1	6:24	7:30	
12	Sun	1:25	0.5	2:00	0.4	8:27	-0.1	8:28	0.0	6:23	7:31	
13	Mon	2:19	0.5	2:58	0.4	9:18	0.0	9:17	0.0	6:21	7:32	
14	Tue	3:17	0.4	4:00	0.4	10:14	0.0	10:13	0.0	6:20	7:33	
15	Wed	4:19	0.4	5:03	0.3	11:18	0.0	11:20	0.1	6:18	7:34	
16	Thu	5:20	0.4	6:04	0.3			12:28	0.0	6:17	7:35	
17	Fri	6:21	0.4	7:04	0.3	12:35	0.1	1:35	0.0	6:15	7:36	
18	Sat	7:23	0.4	8:06	0.3	1:45	0.1	2:32	0.0	6:14	7:37	
19	Sun	8:25	0.4	9:03	0.4	2:45	0.1	3:20	0.0	6:12	7:38	
20	Mon	9:20	0.4	9:50	0.4	3:37	0.0	4:03	0.0	6:11	7:39	
21	Tue	10:07	0.4	10:32	0.4	4:23	0.0	4:42	0.0	6:09	7:40	
22	Wed	10:47	0.4	11:09	0.4	5:06	0.0	5:20	0.0	6:08	7:41	
23	Thu	11:25	0.4	11:44	0.4	5:49	0.0	5:57	0.0	6:07	7:42	
24	Fri			12:02	0.4	6:30	0.0	6:33	0.0	6:05	7:43	
25	Sat	12:18	0.4	12:38	0.4	7:09	0.0	7:08	0.0	6:04	7:44	
26	Sun	12:51	0.4	1:15	0.3	7:47	0.0	7:41	0.0	6:02	7:45	
27	Mon	1:23	0.4	1:52	0.3	8:23	0.0	8:13	0.1	6:01	7:46	
28	Tue	1:57	0.4	2:33	0.3	8:59	0.0	8:44	0.1	6:00	7:47	
29	Wed	2:34	0.4	3:20	0.3	9:37	0.1	9:18	0.1	5:59	7:48	
30	Thu	3:20	0.4	4:12	0.3	10:22	0.1	10:01	0.1	5:57	7:49	