

































Lanoka Harbor, NJ - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:13	0.3	8:45	0.5	2:56	0.0	2:48	0.0	5:55	8:10	
2	Sun	9:21	0.4	9:47	0.5	3:54	0.0	3:48	0.0	5:56	8:09	
3	Mon	10:22	0.4	10:43	0.5	4:50	0.0	4:46	0.0	5:57	8:08	
4	Tue	11:15	0.4	11:33	0.5	5:43	0.0	5:41	0.0	5:58	8:07	
5	Wed			12:05	0.4	6:33	0.0	6:34	0.0	5:59	8:06	
6	Thu	12:20	0.5	12:53	0.4	7:19	0.0	7:23	0.0	6:00	8:04	
7	Fri	1:05	0.5	1:40	0.4	8:00	0.0	8:08	0.0	6:01	8:03	
8	Sat	1:50	0.4	2:27	0.4	8:39	0.0	8:51	0.0	6:02	8:02	
9	Sun	2:35	0.4	3:13	0.4	9:16	0.0	9:34	0.1	6:03	8:01	
10	Mon	3:21	0.4	3:59	0.4	9:52	0.0	10:19	0.1	6:03	8:00	
11	Tue	4:07	0.4	4:44	0.4	10:30	0.1	11:11	0.1	6:04	7:58	
12	Wed	4:54	0.3	5:28	0.4	11:14	0.1			6:05	7:57	
13	Thu	5:42	0.3	6:14	0.4	12:12	0.1	12:07	0.1	6:06	7:56	
14	Fri	6:33	0.3	7:04	0.4	1:15	0.1	1:08	0.1	6:07	7:54	
15	Sat	7:31	0.3	8:01	0.4	2:14	0.1	2:07	0.1	6:08	7:53	
16	Sun	8:34	0.3	8:58	0.4	3:07	0.1	3:01	0.1	6:09	7:52	
17	Mon	9:31	0.3	9:49	0.4	3:56	0.1	3:51	0.1	6:10	7:50	
18	Tue	10:19	0.3	10:33	0.4	4:41	0.0	4:38	0.1	6:11	7:49	
19	Wed	11:01	0.4	11:14	0.5	5:26	0.0	5:26	0.1	6:12	7:48	
20	Thu	11:41	0.4	11:53	0.5	6:08	0.0	6:12	0.0	6:13	7:46	
21	Fri			12:20	0.4	6:49	0.0	6:58	0.0	6:14	7:45	
22	Sat	12:33	0.5	1:00	0.4	7:29	0.0	7:43	0.0	6:15	7:43	
23	Sun	1:15	0.5	1:43	0.4	8:07	0.0	8:28	0.0	6:16	7:42	
24	Mon	2:01	0.4	2:30	0.4	8:45	0.0	9:15	0.0	6:17	7:40	
25	Tue	2:52	0.4	3:23	0.4	9:26	0.0	10:08	0.0	6:18	7:39	
26	Wed	3:48	0.4	4:20	0.4	10:12	0.0	11:13	0.1	6:19	7:37	
27	Thu	4:48	0.4	5:18	0.4	11:10	0.0			6:20	7:36	
28	Fri	5:50	0.4	6:19	0.4	12:27	0.1	12:21	0.1	6:20	7:34	
29	Sat	6:55	0.3	7:25	0.4	1:39	0.1	1:34	0.1	6:21	7:33	
30	Sun	8:05	0.4	8:34	0.4	2:44	0.1	2:41	0.1	6:22	7:31	
31	Mon	9:12	0.4	9:36	0.4	3:41	0.0	3:40	0.0	6:23	7:30	