



Lanoka Harbor, NJ - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:26	0.4	11:53	0.3	5:41	0.0	6:27	0.0	7:17	4:42	☀
2	Sat			12:01	0.4	6:20	0.0	7:03	0.0	7:18	4:43	☀
3	Sun	12:31	0.3	12:36	0.4	6:58	0.0	7:38	0.0	7:18	4:43	☀
4	Mon	1:09	0.3	1:15	0.4	7:34	0.0	8:12	0.0	7:18	4:44	☀
5	Tue	1:51	0.3	1:58	0.4	8:13	0.0	8:48	0.0	7:18	4:45	☀
6	Wed	2:38	0.3	2:48	0.3	8:58	0.0	9:29	0.0	7:18	4:46	☀
7	Thu	3:28	0.3	3:43	0.3	9:58	0.0	10:20	0.0	7:18	4:47	☀
8	Fri	4:20	0.4	4:40	0.3	11:14	0.0	11:22	0.0	7:17	4:48	☀
9	Sat	5:16	0.4	5:42	0.3			12:30	0.0	7:17	4:49	☀
10	Sun	6:18	0.4	6:52	0.3	12:28	0.0	1:38	0.0	7:17	4:50	☀
11	Mon	7:26	0.4	8:03	0.3	1:32	0.0	2:39	0.0	7:17	4:51	☀
12	Tue	8:31	0.4	9:06	0.3	2:33	0.0	3:37	0.0	7:17	4:52	☀
13	Wed	9:30	0.4	10:03	0.4	3:32	0.0	4:32	-0.1	7:16	4:53	☀
14	Thu	10:23	0.5	10:56	0.4	4:29	-0.1	5:26	-0.1	7:16	4:54	☀
15	Fri	11:14	0.5	11:48	0.4	5:25	-0.1	6:16	-0.1	7:16	4:55	☀
16	Sat			12:04	0.4	6:18	-0.1	7:03	-0.1	7:15	4:56	☀
17	Sun	12:40	0.4	12:54	0.4	7:08	-0.1	7:47	-0.1	7:15	4:57	☀
18	Mon	1:31	0.4	1:44	0.4	7:55	0.0	8:29	-0.1	7:14	4:59	☀
19	Tue	2:23	0.4	2:34	0.4	8:42	0.0	9:12	0.0	7:14	5:00	☀
20	Wed	3:13	0.4	3:23	0.3	9:33	0.0	9:58	0.0	7:13	5:01	☀
21	Thu	4:01	0.3	4:11	0.3	10:30	0.0	10:47	0.0	7:13	5:02	☀
22	Fri	4:47	0.3	5:00	0.3	11:32	0.1	11:41	0.0	7:12	5:03	☀
23	Sat	5:35	0.3	5:52	0.3			12:34	0.1	7:11	5:04	☀
24	Sun	6:27	0.3	6:51	0.3	12:36	0.0	1:31	0.0	7:11	5:06	☀
25	Mon	7:24	0.3	7:53	0.3	1:29	0.0	2:23	0.0	7:10	5:07	☀
26	Tue	8:19	0.3	8:48	0.3	2:20	0.0	3:11	0.0	7:09	5:08	☀
27	Wed	9:08	0.4	9:34	0.3	3:07	0.0	3:56	0.0	7:09	5:09	☀
28	Thu	9:50	0.4	10:16	0.3	3:53	0.0	4:40	0.0	7:08	5:10	☀
29	Fri	10:29	0.4	10:54	0.3	4:38	0.0	5:22	0.0	7:07	5:11	☀
30	Sat	11:06	0.4	11:30	0.3	5:21	0.0	6:01	0.0	7:06	5:13	☀
31	Sun	11:41	0.4			6:03	0.0	6:37	0.0	7:05	5:14	☀