US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - May 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:55	0.4			6:23	0.0	6:28	0.0	5:55	7:51	
2	Tue	12:15	0.5	12:39	0.4	7:09	0.0	7:11	0.0	5:54	7:52	
3	Wed	12:56	0.5	1:25	0.4	7:52	0.0	7:52	0.0	5:53	7:53	
4	Thu	1:39	0.4	2:12	0.3	8:34	0.0	8:31	0.1	5:52	7:54	
5	Fri	2:24	0.4	3:02	0.3	9:15	0.0	9:11	0.1	5:51	7:55	
6	Sat	3:12	0.4	3:55	0.3	9:57	0.0	9:54	0.1	5:50	7:56	
7	Sun	4:03	0.4	4:47	0.3	10:46	0.1	10:47	0.1	5:48	7:57	
8	Mon	4:54	0.3	5:36	0.3	11:41	0.1	11:54	0.1	5:47	7:58	
9	Tue	5:43	0.3	6:25	0.3			12:38	0.1	5:46	7:59	
10	Wed	6:33	0.3	7:14	0.3	1:03	0.1	1:31	0.1	5:45	8:00	
11	Thu	7:26	0.3	8:05	0.4	2:03	0.1	2:19	0.1	5:44	8:01	
12	Fri	8:21	0.3	8:54	0.4	2:55	0.1	3:03	0.0	5:43	8:02	
13	Sat	9:15	0.3	9:38	0.4	3:43	0.1	3:45	0.0	5:42	8:03	
14	Sun	10:03	0.4	10:19	0.4	4:30	0.0	4:27	0.0	5:41	8:04	
15	Mon	10:47	0.4	10:59	0.5	5:17	0.0	5:10	0.0	5:40	8:05	
16	Tue	11:31	0.4	11:40	0.5	6:05	0.0	5:56	0.0	5:40	8:06	
17	Wed			12:16	0.4	6:53	0.0	6:43	0.0	5:39	8:06	
18	Thu	12:24	0.5	1:05	0.4	7:41	0.0	7:31	0.0	5:38	8:07	
19	Fri	1:12	0.5	1:58	0.4	8:28	0.0	8:20	0.0	5:37	8:08	
20	Sat	2:06	0.5	2:57	0.4	9:16	0.0	9:12	0.0	5:36	8:09	
21	Sun	3:06	0.4	3:58	0.4	10:09	0.0	10:10	0.0	5:36	8:10	
22	Mon	4:08	0.4	4:58	0.4	11:07	0.0	11:17	0.1	5:35	8:11	
23	Tue	5:08	0.4	5:55	0.4			12:09	0.0	5:34	8:12	
24	Wed	6:05	0.4	6:51	0.4	12:30	0.1	1:08	0.0	5:34	8:13	
25	Thu	7:04	0.4	7:48	0.4	1:38	0.1	2:04	0.0	5:33	8:13	
26	Fri	8:04	0.4	8:45	0.4	2:39	0.0	2:55	0.0	5:32	8:14	
27	Sat	9:04	0.4	9:37	0.5	3:34	0.0	3:43	0.0	5:32	8:15	
28	Sun	9:59	0.4	10:25	0.5	4:25	0.0	4:29	0.0	5:31	8:16	
29	Mon	10:48	0.4	11:08	0.5	5:15	0.0	5:15	0.0	5:31	8:17	
30	Tue	11:34	0.4	11:50	0.5	6:03	0.0	6:00	0.0	5:30	8:17	
31	Wed			12:18	0.4	6:48	0.0	6:45	0.0	5:30	8:18	