US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:38	0.4	2:08	0.4	8:26	0.0	8:37	0.1	5:56	8:09	
2	Wed	2:13	0.4	2:44	0.4	8:56	0.0	9:12	0.1	5:56	8:08	
3	Thu	2:49	0.4	3:21	0.4	9:25	0.0	9:51	0.1	5:57	8:07	
4	Fri	3:31	0.4	4:02	0.4	9:56	0.1	10:38	0.1	5:58	8:06	
5	Sat	4:19	0.3	4:47	0.4	10:36	0.1	11:44	0.1	5:59	8:05	
6	Sun	5:11	0.3	5:38	0.4	11:30	0.1			6:00	8:04	
7	Mon	6:10	0.3	6:36	0.4	1:00	0.1	12:41	0.1	6:01	8:03	
8	Tue	7:16	0.3	7:44	0.4	2:10	0.1	1:53	0.1	6:02	8:01	
9	Wed	8:29	0.3	8:54	0.4	3:11	0.1	2:59	0.0	6:03	8:00	
10	Thu	9:35	0.4	9:56	0.5	4:07	0.0	4:00	0.0	6:04	7:59	
11	Fri	10:32	0.4	10:50	0.5	5:00	0.0	4:59	0.0	6:05	7:58	
12	Sat	11:25	0.4	11:42	0.5	5:52	0.0	5:56	0.0	6:06	7:56	
13	Sun			12:16	0.5	6:42	-0.1	6:51	0.0	6:07	7:55	
14	Mon	12:32	0.5	1:07	0.5	7:29	-0.1	7:44	0.0	6:08	7:54	
15	Tue	1:22	0.5	1:59	0.5	8:14	-0.1	8:34	0.0	6:09	7:52	
16	Wed	2:14	0.5	2:52	0.5	8:59	0.0	9:25	0.0	6:10	7:51	
17	Thu	3:08	0.4	3:46	0.5	9:44	0.0	10:19	0.0	6:11	7:50	
18	Fri	4:03	0.4	4:39	0.4	10:33	0.0	11:19	0.1	6:12	7:48	
19	Sat	4:58	0.4	5:32	0.4	11:28	0.1			6:12	7:47	
20	Sun	5:53	0.3	6:24	0.4	12:24	0.1	12:29	0.1	6:13	7:45	
21	Mon	6:49	0.3	7:21	0.4	1:30	0.1	1:32	0.1	6:14	7:44	
22	Tue	7:50	0.3	8:20	0.4	2:29	0.1	2:30	0.1	6:15	7:42	
23	Wed	8:52	0.3	9:16	0.4	3:21	0.1	3:21	0.1	6:16	7:41	
24	Thu	9:46	0.3	10:04	0.4	4:07	0.1	4:08	0.1	6:17	7:40	
25	Fri	10:31	0.4	10:46	0.4	4:49	0.1	4:53	0.1	6:18	7:38	
26	Sat	11:11	0.4	11:24	0.4	5:29	0.0	5:37	0.1	6:19	7:37	
27	Sun	11:48	0.4			6:08	0.0	6:19	0.1	6:20	7:35	
28	Mon	12:00	0.4	12:23	0.4	6:45	0.0	6:59	0.1	6:21	7:33	
29	Tue	12:34	0.4	12:55	0.4	7:19	0.0	7:37	0.1	6:22	7:32	
30	Wed	1:07	0.4	1:26	0.4	7:51	0.0	8:13	0.1	6:23	7:30	
31	Thu	1:39	0.4	1:58	0.4	8:20	0.0	8:48	0.1	6:24	7:29	