US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Nov 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:35	0.3	4:46	0.4	10:42	0.1	11:57	0.1	7:26	5:54	
2	Thu	5:37	0.4	5:49	0.4			12:02	0.1	7:27	5:53	
3	Fri	6:37	0.4	6:51	0.4	1:03	0.0	1:18	0.1	7:28	5:51	
4	Sat	7:38	0.4	7:55	0.4	2:02	0.0	2:24	0.0	7:29	5:50	
5	Sun	7:38	0.4	7:56	0.4	1:55	0.0	2:22	0.0	6:30	4:49	
6	Mon	8:33	0.5	8:52	0.4	2:44	0.0	3:16	0.0	6:31	4:48	
7	Tue	9:23	0.5	9:42	0.4	3:31	0.0	4:08	0.0	6:32	4:47	
8	Wed	10:09	0.5	10:29	0.4	4:17	0.0	4:58	0.0	6:34	4:46	
9	Thu	10:53	0.5	11:16	0.4	5:04	0.0	5:47	0.0	6:35	4:45	
10	Fri	11:37	0.5			5:50	0.0	6:33	0.0	6:36	4:44	
11	Sat	12:03	0.4	12:21	0.5	6:34	0.0	7:17	0.0	6:37	4:43	
12	Sun	12:51	0.4	1:08	0.4	7:16	0.0	8:01	0.0	6:38	4:42	
13	Mon	1:43	0.3	1:58	0.4	7:58	0.1	8:45	0.0	6:39	4:42	
14	Tue	2:37	0.3	2:51	0.4	8:42	0.1	9:33	0.1	6:40	4:41	
15	Wed	3:31	0.3	3:43	0.4	9:34	0.1	10:27	0.1	6:42	4:40	
16	Thu	4:23	0.3	4:33	0.3	10:38	0.1	11:23	0.1	6:43	4:39	
17	Fri	5:11	0.3	5:21	0.3	11:46	0.1			6:44	4:38	
18	Sat	6:00	0.3	6:12	0.3	12:16	0.1	12:47	0.1	6:45	4:38	
19	Sun	6:50	0.3	7:06	0.3	1:04	0.1	1:40	0.1	6:46	4:37	
20	Mon	7:39	0.4	7:58	0.3	1:48	0.0	2:28	0.1	6:47	4:36	
21	Tue	8:24	0.4	8:46	0.3	2:29	0.0	3:13	0.0	6:48	4:36	
22	Wed	9:05	0.4	9:30	0.4	3:10	0.0	3:59	0.0	6:49	4:35	
23	Thu	9:43	0.4	10:12	0.4	3:51	0.0	4:45	0.0	6:51	4:35	
24	Fri	10:21	0.4	10:54	0.4	4:35	0.0	5:31	0.0	6:52	4:34	
25	Sat	11:01	0.5	11:38	0.4	5:20	0.0	6:18	0.0	6:53	4:34	
26	Sun	11:45	0.5			6:06	0.0	7:03	0.0	6:54	4:33	
27	Mon	12:27	0.4	12:35	0.4	6:53	0.0	7:49	0.0	6:55	4:33	
28	Tue	1:22	0.3	1:30	0.4	7:42	0.0	8:38	0.0	6:56	4:33	
29	Wed	2:22	0.3	2:31	0.4	8:35	0.0	9:32	0.0	6:57	4:32	
30	Thu	3:23	0.4	3:33	0.4	9:37	0.0	10:32	0.0	6:58	4:32	