US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Dec 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:22	0.4	4:32	0.4	10:50	0.0	11:34	0.0	6:59	4:32	
2	Sat	5:19	0.4	5:31	0.4			12:02	0.0	7:00	4:32	
3	Sun	6:16	0.4	6:31	0.4	12:33	0.0	1:08	0.0	7:01	4:31	
4	Mon	7:15	0.4	7:33	0.4	1:27	0.0	2:07	0.0	7:02	4:31	
5	Tue	8:11	0.4	8:32	0.4	2:18	0.0	3:00	0.0	7:03	4:31	
6	Wed	9:02	0.4	9:24	0.4	3:06	0.0	3:51	0.0	7:04	4:31	
7	Thu	9:49	0.5	10:12	0.4	3:54	0.0	4:41	0.0	7:04	4:31	
8	Fri	10:33	0.5	10:58	0.4	4:41	0.0	5:29	0.0	7:05	4:31	
9	Sat	11:16	0.4	11:43	0.3	5:27	0.0	6:14	0.0	7:06	4:31	
10	Sun	11:59	0.4			6:12	0.0	6:56	0.0	7:07	4:31	
11	Mon	12:29	0.3	12:42	0.4	6:54	0.0	7:35	0.0	7:08	4:31	
12	Tue	1:15	0.3	1:26	0.4	7:34	0.0	8:14	0.0	7:09	4:32	
13	Wed	2:04	0.3	2:13	0.4	8:14	0.1	8:53	0.0	7:09	4:32	
14	Thu	2:53	0.3	3:00	0.3	8:56	0.1	9:35	0.0	7:10	4:32	
15	Fri	3:40	0.3	3:46	0.3	9:48	0.1	10:21	0.0	7:11	4:32	
16	Sat	4:25	0.3	4:32	0.3	10:51	0.1	11:13	0.1	7:11	4:33	
17	Sun	5:09	0.3	5:19	0.3	11:57	0.1			7:12	4:33	
18	Mon	5:54	0.3	6:12	0.3	12:05	0.1	12:58	0.1	7:13	4:33	
19	Tue	6:44	0.3	7:10	0.3	12:56	0.0	1:53	0.1	7:13	4:34	
20	Wed	7:37	0.4	8:09	0.3	1:45	0.0	2:43	0.0	7:14	4:34	
21	Thu	8:28	0.4	9:02	0.3	2:33	0.0	3:33	0.0	7:14	4:35	
22	Fri	9:16	0.4	9:50	0.3	3:21	0.0	4:22	0.0	7:15	4:35	
23	Sat	10:02	0.4	10:37	0.3	4:10	0.0	5:12	0.0	7:15	4:36	
24	Sun	10:48	0.5	11:25	0.4	5:02	0.0	6:01	0.0	7:15	4:36	
25	Mon	11:36	0.5			5:53	0.0	6:48	-0.1	7:16	4:37	
26	Tue	12:15	0.4	12:27	0.4	6:44	0.0	7:34	-0.1	7:16	4:38	
27	Wed	1:09	0.4	1:21	0.4	7:35	0.0	8:20	-0.1	7:16	4:38	
28	Thu	2:06	0.4	2:18	0.4	8:27	0.0	9:09	0.0	7:17	4:39	
29	Fri	3:04	0.4	3:15	0.4	9:25	0.0	10:03	0.0	7:17	4:40	
30	Sat	4:00	0.4	4:12	0.4	10:32	0.0	11:01	0.0	7:17	4:41	
31	Sun	4:55	0.4	5:08	0.3	11:42	0.0			7:17	4:41	