US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:48	0.4	6:05	0.3			12:46	0.0	7:17	4:42	
2	Tue	6:47	0.4	7:09	0.3	12:58	0.0	1:48	0.0	7:18	4:43	
3	Wed	7:47	0.4	8:13	0.3	1:54	0.0	2:43	0.0	7:18	4:44	
4	Thu	8:43	0.4	9:08	0.3	2:46	0.0	3:34	0.0	7:18	4:45	
5	Fri	9:32	0.4	9:57	0.3	3:35	0.0	4:23	0.0	7:18	4:46	
6	Sat	10:16	0.4	10:42	0.3	4:23	0.0	5:09	0.0	7:18	4:47	
7	Sun	10:58	0.4	11:24	0.3	5:09	0.0	5:52	0.0	7:17	4:48	
8	Mon	11:38	0.4			5:53	0.0	6:31	0.0	7:17	4:49	
9	Tue	12:06	0.3	12:18	0.4	6:34	0.0	7:08	0.0	7:17	4:50	
10	Wed	12:47	0.3	12:57	0.4	7:12	0.0	7:42	0.0	7:17	4:51	
11	Thu	1:28	0.3	1:36	0.3	7:49	0.0	8:15	0.0	7:17	4:52	
12	Fri	2:09	0.3	2:17	0.3	8:26	0.0	8:47	0.0	7:16	4:53	
13	Sat	2:51	0.3	2:59	0.3	9:07	0.1	9:22	0.0	7:16	4:54	
14	Sun	3:32	0.3	3:43	0.3	9:57	0.1	10:04	0.0	7:16	4:55	
15	Mon	4:14	0.3	4:31	0.3	11:02	0.1	10:57	0.0	7:15	4:56	
16	Tue	4:58	0.3	5:23	0.3			12:12	0.1	7:15	4:57	
17	Wed	5:50	0.3	6:25	0.3	12:00	0.0	1:17	0.1	7:14	4:58	
18	Thu	6:51	0.4	7:33	0.3	1:03	0.0	2:14	0.0	7:14	4:59	
19	Fri	7:55	0.4	8:35	0.3	2:01	0.0	3:07	0.0	7:13	5:00	
20	Sat	8:53	0.4	9:28	0.3	2:57	0.0	3:59	0.0	7:13	5:01	
21	Sun	9:45	0.4	10:18	0.4	3:51	0.0	4:49	-0.1	7:12	5:03	
22	Mon	10:34	0.5	11:07	0.4	4:46	-0.1	5:38	-0.1	7:12	5:04	
23	Tue	11:22	0.5	11:57	0.4	5:39	-0.1	6:25	-0.1	7:11	5:05	
24	Wed			12:11	0.5	6:31	-0.1	7:10	-0.1	7:10	5:06	
25	Thu	12:48	0.4	1:03	0.4	7:21	-0.1	7:54	-0.1	7:10	5:07	
26	Fri	1:41	0.4	1:56	0.4	8:12	-0.1	8:40	-0.1	7:09	5:08	
27	Sat	2:36	0.4	2:52	0.4	9:06	0.0	9:29	-0.1	7:08	5:10	
28	Sun	3:32	0.4	3:48	0.3	10:07	0.0	10:25	0.0	7:07	5:11	
29	Mon	4:27	0.4	4:45	0.3	11:15	0.0	11:28	0.0	7:06	5:12	
30	Tue	5:22	0.4	5:44	0.3			12:24	0.0	7:06	5:13	
31	Wed	6:21	0.4	6:49	0.3	12:33	0.0	1:28	0.0	7:05	5:14	