US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:19	0.4	11:46	0.4	5:47	-0.1	6:12	-0.1	6:28	5:49	
2	Mon			12:00	0.4	6:32	-0.1	6:51	-0.1	6:26	5:50	
3	Tue	12:28	0.4	12:45	0.4	7:17	-0.1	7:31	-0.1	6:25	5:51	
4	Wed	1:16	0.4	1:36	0.4	8:03	0.0	8:13	0.0	6:23	5:52	
5	Thu	2:08	0.4	2:33	0.3	8:54	0.0	9:01	0.0	6:22	5:53	
6	Fri	3:07	0.4	3:35	0.3	9:55	0.0	10:02	0.0	6:20	5:54	
7	Sat	4:08	0.4	4:38	0.3	11:06	0.0	11:17	0.0	6:19	5:55	
8	Sun	6:10	0.4	6:43	0.3			1:18	0.0	7:17	6:56	
9	Mon	7:16	0.4	7:52	0.3	1:32	0.0	2:24	0.0	7:15	6:57	
10	Tue	8:24	0.4	8:58	0.3	2:39	0.0	3:21	0.0	7:14	6:58	
11	Wed	9:26	0.4	9:56	0.4	3:38	0.0	4:12	0.0	7:12	6:59	
12	Thu	10:18	0.4	10:44	0.4	4:31	0.0	5:00	0.0	7:11	7:00	
13	Fri	11:04	0.4	11:28	0.4	5:21	0.0	5:44	-0.1	7:09	7:02	
14	Sat	11:47	0.4			6:08	0.0	6:26	-0.1	7:08	7:03	
15	Sun	12:08	0.4	12:28	0.4	6:53	0.0	7:05	0.0	7:06	7:04	
16	Mon	12:47	0.4	1:08	0.4	7:34	0.0	7:42	0.0	7:04	7:05	
17	Tue	1:25	0.4	1:49	0.4	8:13	0.0	8:16	0.0	7:03	7:06	
18	Wed	2:03	0.4	2:32	0.3	8:50	0.0	8:49	0.0	7:01	7:07	
19	Thu	2:42	0.4	3:17	0.3	9:28	0.0	9:23	0.0	6:59	7:08	
20	Fri	3:24	0.4	4:05	0.3	10:09	0.0	10:00	0.1	6:58	7:09	
21	Sat	4:10	0.3	4:55	0.3	11:00	0.1	10:48	0.1	6:56	7:10	
22	Sun	4:59	0.3	5:46	0.3			12:04	0.1	6:55	7:11	
23	Mon	5:51	0.3	6:40	0.3			1:11	0.1	6:53	7:12	
24	Tue	6:47	0.3	7:39	0.3	1:09	0.1	2:10	0.1	6:51	7:13	
25	Wed	7:49	0.3	8:37	0.3	2:14	0.1	3:01	0.0	6:50	7:14	
26	Thu	8:49	0.4	9:29	0.4	3:09	0.0	3:47	0.0	6:48	7:15	
27	Fri	9:42	0.4	10:14	0.4	4:00	0.0	4:31	0.0	6:47	7:16	
28	Sat	10:29	0.4	10:56	0.4	4:49	0.0	5:14	0.0	6:45	7:17	
29	Sun	11:13	0.4	11:38	0.4	5:38	0.0	5:58	0.0	6:43	7:18	
30	Mon	11:57	0.4			6:27	-0.1	6:42	-0.1	6:42	7:19	
31	Tue	12:21	0.5	12:43	0.4	7:16	-0.1	7:27	-0.1	6:40	7:20	