

































## Lanoka Harbor, NJ - Aug 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:02	0.4	5:31	0.4	11:25	0.1			5:56	8:09	
2	Sun	5:52	0.3	6:18	0.4	12:24	0.1	12:18	0.1	5:57	8:08	
3	Mon	6:43	0.3	7:09	0.4	1:25	0.1	1:15	0.1	5:58	8:07	
4	Tue	7:39	0.3	8:04	0.4	2:21	0.1	2:10	0.1	5:59	8:06	
5	Wed	8:38	0.3	8:59	0.4	3:12	0.1	3:01	0.1	6:00	8:05	
6	Thu	9:33	0.3	9:49	0.4	3:59	0.1	3:49	0.1	6:00	8:03	
7	Fri	10:21	0.4	10:31	0.4	4:43	0.1	4:36	0.1	6:01	8:02	
8	Sat	11:03	0.4	11:10	0.4	5:25	0.0	5:21	0.1	6:02	8:01	
9	Sun	11:42	0.4	11:46	0.4	6:07	0.0	6:06	0.0	6:03	8:00	
10	Mon			12:19	0.4	6:46	0.0	6:49	0.0	6:04	7:59	
11	Tue	12:21	0.4	12:56	0.4	7:23	0.0	7:31	0.0	6:05	7:57	
12	Wed	12:57	0.4	1:33	0.4	7:58	0.0	8:12	0.0	6:06	7:56	
13	Thu	1:36	0.4	2:14	0.4	8:32	0.0	8:53	0.0	6:07	7:55	
14	Fri	2:20	0.4	3:01	0.4	9:07	0.0	9:39	0.0	6:08	7:53	
15	Sat	3:11	0.4	3:54	0.4	9:47	0.0	10:34	0.1	6:09	7:52	
16	Sun	4:09	0.4	4:51	0.4	10:38	0.0	11:43	0.1	6:10	7:51	
17	Mon	5:10	0.4	5:50	0.4	11:45	0.1			6:11	7:49	
18	Tue	6:14	0.4	6:53	0.4	12:57	0.1	1:01	0.1	6:12	7:48	
19	Wed	7:22	0.4	8:00	0.4	2:06	0.1	2:11	0.0	6:13	7:46	
20	Thu	8:34	0.4	9:06	0.5	3:07	0.0	3:15	0.0	6:14	7:45	
21	Fri	9:38	0.4	10:04	0.5	4:02	0.0	4:13	0.0	6:15	7:44	
22	Sat	10:34	0.4	10:56	0.5	4:54	0.0	5:08	0.0	6:16	7:42	
23	Sun	11:24	0.4	11:44	0.5	5:44	0.0	6:01	0.0	6:17	7:41	
24	Mon			12:11	0.5	6:31	0.0	6:52	0.0	6:17	7:39	
25	Tue	12:30	0.5	12:57	0.5	7:16	0.0	7:39	0.0	6:18	7:38	
26	Wed	1:15	0.5	1:42	0.5	7:57	0.0	8:23	0.0	6:19	7:36	
27	Thu	2:01	0.4	2:28	0.4	8:36	0.0	9:07	0.0	6:20	7:35	
28	Fri	2:49	0.4	3:14	0.4	9:14	0.0	9:51	0.1	6:21	7:33	
29	Sat	3:38	0.4	4:02	0.4	9:52	0.1	10:41	0.1	6:22	7:31	
30	Sun	4:28	0.3	4:50	0.4	10:36	0.1	11:39	0.1	6:23	7:30	
31	Mon	5:19	0.3	5:38	0.4	11:29	0.1			6:24	7:28	