US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:10	0.4	8:38	0.3	2:16	0.0	3:10	0.0	7:17	4:42	
2	Sat	9:08	0.5	9:36	0.4	3:13	0.0	4:05	-0.1	7:18	4:43	
3	Sun	10:02	0.5	10:30	0.4	4:10	-0.1	4:59	-0.1	7:18	4:44	
4	Mon	10:54	0.5	11:23	0.4	5:06	-0.1	5:51	-0.1	7:18	4:45	
5	Tue	11:45	0.5			6:01	-0.1	6:41	-0.1	7:18	4:46	
6	Wed	12:16	0.4	12:37	0.5	6:53	-0.1	7:28	-0.1	7:18	4:47	
7	Thu	1:10	0.4	1:30	0.4	7:44	-0.1	8:15	-0.1	7:17	4:48	
8	Fri	2:06	0.4	2:25	0.4	8:35	0.0	9:02	-0.1	7:17	4:49	
9	Sat	3:01	0.4	3:19	0.4	9:30	0.0	9:53	0.0	7:17	4:50	
10	Sun	3:54	0.4	4:12	0.3	10:31	0.0	10:47	0.0	7:17	4:51	
11	Mon	4:45	0.4	5:04	0.3	11:36	0.0	11:44	0.0	7:17	4:52	
12	Tue	5:36	0.4	5:58	0.3			12:39	0.0	7:16	4:53	
13	Wed	6:30	0.3	6:56	0.3	12:40	0.0	1:37	0.0	7:16	4:54	
14	Thu	7:26	0.3	7:54	0.3	1:32	0.0	2:28	0.0	7:16	4:55	
15	Fri	8:20	0.4	8:47	0.3	2:21	0.0	3:14	0.0	7:15	4:56	
16	Sat	9:07	0.4	9:34	0.3	3:07	0.0	3:58	0.0	7:15	4:57	
17	Sun	9:49	0.4	10:16	0.3	3:52	0.0	4:41	0.0	7:14	4:58	
18	Mon	10:28	0.4	10:56	0.3	4:36	0.0	5:22	0.0	7:14	4:59	
19	Tue	11:04	0.4	11:34	0.3	5:18	0.0	6:01	0.0	7:13	5:01	
20	Wed	11:38	0.4			5:59	0.0	6:37	0.0	7:13	5:02	
21	Thu	12:11	0.3	12:10	0.4	6:38	0.0	7:10	0.0	7:12	5:03	
22	Fri	12:46	0.3	12:43	0.4	7:14	0.0	7:42	0.0	7:12	5:04	
23	Sat	1:22	0.3	1:19	0.3	7:50	0.0	8:12	0.0	7:11	5:05	
24	Sun	2:02	0.3	2:02	0.3	8:29	0.0	8:45	0.0	7:10	5:06	
25	Mon	2:47	0.3	2:52	0.3	9:15	0.0	9:26	0.0	7:09	5:08	
26	Tue	3:38	0.4	3:49	0.3	10:18	0.0	10:24	0.0	7:09	5:09	
27	Wed	4:33	0.4	4:51	0.3	11:34	0.0	11:38	0.0	7:08	5:10	
28	Thu	5:33	0.4	5:58	0.3			12:47	0.0	7:07	5:11	
29	Fri	6:41	0.4	7:12	0.3	12:52	0.0	1:53	0.0	7:06	5:12	
30	Sat	7:50	0.4	8:21	0.3	1:58	0.0	2:51	0.0	7:05	5:14	
31	Sun	8:52	0.4	9:21	0.4	2:59	0.0	3:46	-0.1	7:04	5:15	