US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jul 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:12	0.4	12:47	0.4	7:14	0.0	7:08	0.1	5:32	8:29	
2	Fri	12:50	0.4	1:29	0.4	7:52	0.0	7:48	0.1	5:32	8:28	
3	Sat	1:26	0.4	2:10	0.4	8:27	0.0	8:26	0.1	5:33	8:28	
4	Sun	2:02	0.4	2:52	0.4	9:00	0.0	9:03	0.1	5:33	8:28	
5	Mon	2:39	0.4	3:34	0.4	9:33	0.0	9:42	0.1	5:34	8:28	
6	Tue	3:19	0.4	4:16	0.4	10:06	0.1	10:27	0.1	5:35	8:28	
7	Wed	4:05	0.4	4:58	0.4	10:45	0.1	11:26	0.1	5:35	8:27	
8	Thu	4:54	0.3	5:43	0.4	11:35	0.1			5:36	8:27	
9	Fri	5:47	0.3	6:33	0.4	12:35	0.1	12:36	0.1	5:37	8:26	
10	Sat	6:47	0.3	7:32	0.4	1:42	0.1	1:40	0.1	5:37	8:26	
11	Sun	7:55	0.3	8:35	0.4	2:44	0.1	2:42	0.0	5:38	8:26	
12	Mon	9:04	0.4	9:36	0.5	3:41	0.0	3:41	0.0	5:39	8:25	
13	Tue	10:06	0.4	10:32	0.5	4:37	0.0	4:38	0.0	5:39	8:25	
14	Wed	11:02	0.4	11:25	0.5	5:31	0.0	5:36	0.0	5:40	8:24	
15	Thu	11:56	0.4			6:24	-0.1	6:33	0.0	5:41	8:24	
16	Fri	12:17	0.5	12:49	0.4	7:15	-0.1	7:28	0.0	5:42	8:23	
17	Sat	1:09	0.5	1:44	0.5	8:04	-0.1	8:20	0.0	5:43	8:22	
18	Sun	2:03	0.5	2:40	0.5	8:51	-0.1	9:12	0.0	5:43	8:22	
19	Mon	2:58	0.5	3:36	0.4	9:38	0.0	10:07	0.0	5:44	8:21	
20	Tue	3:53	0.4	4:30	0.4	10:27	0.0	11:06	0.0	5:45	8:20	
21	Wed	4:48	0.4	5:22	0.4	11:20	0.0			5:46	8:20	
22	Thu	5:41	0.4	6:14	0.4	12:10	0.1	12:17	0.0	5:47	8:19	
23	Fri	6:34	0.4	7:06	0.4	1:14	0.1	1:14	0.1	5:48	8:18	
24	Sat	7:31	0.3	8:01	0.4	2:14	0.1	2:09	0.1	5:48	8:17	
25	Sun	8:30	0.3	8:56	0.4	3:07	0.1	3:00	0.1	5:49	8:16	
26	Mon	9:26	0.3	9:47	0.4	3:56	0.1	3:47	0.1	5:50	8:15	
27	Tue	10:16	0.4	10:31	0.4	4:41	0.0	4:33	0.1	5:51	8:14	
28	Wed	11:00	0.4	11:11	0.4	5:24	0.0	5:18	0.1	5:52	8:13	
29	Thu	11:41	0.4	11:49	0.4	6:06	0.0	6:02	0.0	5:53	8:12	
30	Fri			12:20	0.4	6:45	0.0	6:44	0.0	5:54	8:11	
31	Sat	12:24	0.4	12:59	0.4	7:22	0.0	7:25	0.0	5:55	8:10	