US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:58	0.4	1:35	0.4	7:57	0.0	8:03	0.1	5:56	8:09	
2	Mon	1:31	0.4	2:12	0.4	8:28	0.0	8:39	0.1	5:57	8:08	
3	Tue	2:05	0.4	2:49	0.4	8:59	0.0	9:16	0.1	5:57	8:07	
4	Wed	2:44	0.4	3:30	0.4	9:29	0.0	9:58	0.1	5:58	8:06	
5	Thu	3:30	0.4	4:16	0.4	10:04	0.1	10:52	0.1	5:59	8:05	
6	Fri	4:23	0.4	5:07	0.4	10:51	0.1			6:00	8:04	
7	Sat	5:21	0.3	6:03	0.4	12:01	0.1	11:57 AM	0.1	6:01	8:03	
8	Sun	6:23	0.3	7:04	0.4	1:15	0.1	1:12	0.1	6:02	8:01	
9	Mon	7:33	0.4	8:12	0.4	2:21	0.1	2:22	0.0	6:03	8:00	
10	Tue	8:45	0.4	9:17	0.5	3:21	0.0	3:25	0.0	6:04	7:59	
11	Wed	9:49	0.4	10:15	0.5	4:16	0.0	4:24	0.0	6:05	7:58	
12	Thu	10:45	0.4	11:09	0.5	5:09	0.0	5:21	0.0	6:06	7:56	
13	Fri	11:38	0.5	11:59	0.5	6:01	-0.1	6:17	0.0	6:07	7:55	
14	Sat			12:29	0.5	6:51	-0.1	7:11	0.0	6:08	7:54	
15	Sun	12:50	0.5	1:20	0.5	7:39	-0.1	8:02	0.0	6:09	7:52	
16	Mon	1:41	0.5	2:12	0.5	8:24	-0.1	8:52	0.0	6:10	7:51	
17	Tue	2:33	0.5	3:05	0.5	9:09	0.0	9:42	0.0	6:11	7:50	
18	Wed	3:27	0.4	3:58	0.4	9:55	0.0	10:37	0.0	6:12	7:48	
19	Thu	4:21	0.4	4:51	0.4	10:44	0.0	11:38	0.1	6:13	7:47	
20	Fri	5:15	0.4	5:42	0.4	11:39	0.1			6:13	7:45	
21	Sat	6:08	0.3	6:33	0.4	12:42	0.1	12:39	0.1	6:14	7:44	
22	Sun	7:03	0.3	7:28	0.4	1:44	0.1	1:38	0.1	6:15	7:42	
23	Mon	8:01	0.3	8:25	0.4	2:39	0.1	2:33	0.1	6:16	7:41	
24	Tue	8:58	0.3	9:18	0.4	3:27	0.1	3:22	0.1	6:17	7:39	
25	Wed	9:49	0.4	10:04	0.4	4:11	0.1	4:09	0.1	6:18	7:38	
26	Thu	10:33	0.4	10:45	0.4	4:52	0.0	4:53	0.1	6:19	7:36	
27	Fri	11:13	0.4	11:22	0.4	5:32	0.0	5:37	0.0	6:20	7:35	
28	Sat	11:50	0.4	11:57	0.4	6:11	0.0	6:20	0.0	6:21	7:33	
29	Sun			12:26	0.4	6:48	0.0	7:01	0.0	6:22	7:32	
30	Mon	12:30	0.4	12:59	0.4	7:23	0.0	7:40	0.0	6:23	7:30	
31	Tue	1:03	0.4	1:33	0.4	7:56	0.0	8:17	0.0	6:24	7:29	