































## Lanoka Harbor, NJ - Jan 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:38	0.3	1:44	0.4	7:55	0.0	8:29	0.0	7:17	4:42	
2	Mon	2:26	0.3	2:29	0.3	8:36	0.0	9:08	0.0	7:18	4:43	
3	Tue	3:13	0.3	3:15	0.3	9:21	0.0	9:50	0.0	7:18	4:44	
4	Wed	3:59	0.3	4:01	0.3	10:14	0.1	10:40	0.0	7:18	4:45	
5	Thu	4:44	0.3	4:48	0.3	11:17	0.1	11:35	0.0	7:18	4:45	
6	Fri	5:30	0.3	5:38	0.3			12:20	0.1	7:18	4:46	
7	Sat	6:20	0.3	6:35	0.3	12:31	0.0	1:18	0.1	7:17	4:47	
8	Sun	7:14	0.3	7:35	0.3	1:24	0.0	2:11	0.0	7:17	4:48	
9	Mon	8:08	0.4	8:31	0.3	2:14	0.0	3:01	0.0	7:17	4:49	
10	Tue	8:56	0.4	9:21	0.3	3:02	0.0	3:49	0.0	7:17	4:50	
11	Wed	9:42	0.4	10:06	0.3	3:50	0.0	4:36	0.0	7:17	4:51	
12	Thu	10:26	0.4	10:51	0.4	4:39	0.0	5:24	-0.1	7:16	4:52	
13	Fri	11:10	0.4	11:37	0.4	5:28	-0.1	6:10	-0.1	7:16	4:53	
14	Sat	11:56	0.4			6:17	-0.1	6:54	-0.1	7:16	4:54	
15	Sun	12:25	0.4	12:45	0.4	7:05	-0.1	7:38	-0.1	7:15	4:56	
16	Mon	1:17	0.4	1:38	0.4	7:54	-0.1	8:24	-0.1	7:15	4:57	
17	Tue	2:12	0.4	2:34	0.4	8:47	0.0	9:13	-0.1	7:15	4:58	
18	Wed	3:10	0.4	3:32	0.4	9:46	0.0	10:09	0.0	7:14	4:59	
19	Thu	4:07	0.4	4:30	0.4	10:55	0.0	11:11	0.0	7:14	5:00	
20	Fri	5:04	0.4	5:29	0.3			12:05	0.0	7:13	5:01	
21	Sat	6:03	0.4	6:32	0.3	12:15	0.0	1:11	0.0	7:12	5:02	
22	Sun	7:06	0.4	7:37	0.3	1:17	0.0	2:11	0.0	7:12	5:04	
23	Mon	8:08	0.4	8:37	0.3	2:14	0.0	3:05	0.0	7:11	5:05	
24	Tue	9:02	0.4	9:30	0.3	3:06	0.0	3:55	0.0	7:10	5:06	
25	Wed	9:50	0.4	10:16	0.4	3:56	0.0	4:42	0.0	7:10	5:07	
26	Thu	10:33	0.4	11:00	0.4	4:43	0.0	5:26	-0.1	7:09	5:08	
27	Fri	11:14	0.4	11:42	0.4	5:28	0.0	6:07	-0.1	7:08	5:09	
28	Sat	11:53	0.4			6:11	0.0	6:45	0.0	7:07	5:11	
29	Sun	12:23	0.4	12:32	0.4	6:51	0.0	7:20	0.0	7:07	5:12	
30	Mon	1:04	0.3	1:10	0.4	7:28	0.0	7:54	0.0	7:06	5:13	
31	Tue	1:45	0.3	1:50	0.3	8:05	0.0	8:26	0.0	7:05	5:14	