US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:31	0.4	8:04	0.4	1:44	0.0	2:37	0.0	7:17	4:42	
2	Thu	8:33	0.4	9:05	0.4	2:41	-0.1	3:33	-0.1	7:18	4:43	
3	Fri	9:29	0.5	10:00	0.4	3:36	-0.1	4:29	-0.1	7:18	4:44	
4	Sat	10:22	0.5	10:53	0.4	4:32	-0.1	5:22	-0.1	7:18	4:45	
5	Sun	11:13	0.5	11:46	0.4	5:27	-0.1	6:14	-0.1	7:18	4:46	
6	Mon			12:04	0.5	6:20	-0.1	7:03	-0.1	7:18	4:47	
7	Tue	12:40	0.4	12:57	0.4	7:10	-0.1	7:50	-0.1	7:17	4:48	
8	Wed	1:35	0.4	1:50	0.4	8:00	-0.1	8:37	-0.1	7:17	4:49	
9	Thu	2:30	0.4	2:43	0.4	8:50	0.0	9:26	0.0	7:17	4:50	
10	Fri	3:23	0.4	3:36	0.4	9:45	0.0	10:19	0.0	7:17	4:51	
11	Sat	4:15	0.4	4:27	0.3	10:45	0.0	11:14	0.0	7:17	4:52	
12	Sun	5:05	0.3	5:18	0.3	11:48	0.0			7:16	4:53	
13	Mon	5:55	0.3	6:11	0.3	12:09	0.0	12:48	0.0	7:16	4:54	
14	Tue	6:48	0.3	7:08	0.3	1:01	0.0	1:42	0.0	7:16	4:55	
15	Wed	7:42	0.3	8:04	0.3	1:50	0.0	2:31	0.0	7:15	4:56	
16	Thu	8:32	0.4	8:55	0.3	2:36	0.0	3:17	0.0	7:15	4:57	
17	Fri	9:18	0.4	9:40	0.3	3:21	0.0	4:01	0.0	7:14	4:58	
18	Sat	9:59	0.4	10:21	0.3	4:04	0.0	4:44	0.0	7:14	4:59	
19	Sun	10:37	0.4	10:59	0.3	4:48	0.0	5:26	0.0	7:13	5:01	
20	Mon	11:13	0.4	11:36	0.3	5:30	0.0	6:06	0.0	7:13	5:02	
21	Tue	11:48	0.4			6:10	0.0	6:44	0.0	7:12	5:03	
22	Wed	12:12	0.3	12:23	0.4	6:48	0.0	7:19	0.0	7:11	5:04	
23	Thu	12:49	0.3	1:01	0.4	7:25	0.0	7:53	0.0	7:11	5:05	
24	Fri	1:28	0.3	1:43	0.4	8:03	0.0	8:29	0.0	7:10	5:06	
25	Sat	2:14	0.3	2:32	0.3	8:46	0.0	9:10	0.0	7:09	5:08	
26	Sun	3:05	0.3	3:28	0.3	9:41	0.0	10:02	0.0	7:09	5:09	
27	Mon	4:00	0.4	4:26	0.3	10:53	0.0	11:07	0.0	7:08	5:10	
28	Tue	4:58	0.4	5:28	0.3			12:09	0.0	7:07	5:11	
29	Wed	6:01	0.4	6:36	0.3	12:17	0.0	1:18	0.0	7:06	5:12	
30	Thu	7:10	0.4	7:46	0.3	1:23	0.0	2:20	0.0	7:05	5:14	
31	Fri	8:16	0.4	8:50	0.4	2:24	0.0	3:17	-0.1	7:04	5:15	