US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:01	0.4	8:36	0.4	2:12	0.0	3:00	0.0	6:28	5:48	
2	Sun	9:00	0.4	9:31	0.4	3:09	0.0	3:52	-0.1	6:27	5:50	
3	Mon	9:52	0.4	10:21	0.4	4:04	-0.1	4:42	-0.1	6:25	5:51	
4	Tue	10:40	0.4	11:08	0.4	4:56	-0.1	5:30	-0.1	6:24	5:52	
5	Wed	11:26	0.4	11:53	0.4	5:45	-0.1	6:15	-0.1	6:22	5:53	
6	Thu			12:10	0.4	6:32	-0.1	6:56	-0.1	6:20	5:54	
7	Fri	12:38	0.4	12:55	0.4	7:15	-0.1	7:35	0.0	6:19	5:55	
8	Sat	1:22	0.4	1:41	0.4	7:56	0.0	8:13	0.0	6:17	5:56	
9	Sun	3:08	0.4	3:28	0.3	9:38	0.0	9:51	0.0	7:16	6:57	
10	Mon	3:55	0.4	4:17	0.3	10:23	0.0	10:34	0.0	7:14	6:58	
11	Tue	4:42	0.3	5:06	0.3	11:16	0.0	11:26	0.1	7:13	6:59	
12	Wed	5:31	0.3	5:56	0.3			12:17	0.1	7:11	7:00	
13	Thu	6:21	0.3	6:50	0.3	12:29	0.1	1:20	0.1	7:09	7:01	
14	Fri	7:16	0.3	7:49	0.3	1:33	0.1	2:18	0.1	7:08	7:02	
15	Sat	8:15	0.3	8:48	0.3	2:31	0.1	3:09	0.0	7:06	7:03	
16	Sun	9:10	0.3	9:39	0.3	3:23	0.0	3:55	0.0	7:05	7:04	
17	Mon	9:59	0.4	10:23	0.4	4:10	0.0	4:39	0.0	7:03	7:05	
18	Tue	10:41	0.4	11:02	0.4	4:56	0.0	5:22	0.0	7:01	7:06	
19	Wed	11:21	0.4	11:40	0.4	5:41	0.0	6:04	0.0	7:00	7:08	
20	Thu			12:00	0.4	6:26	0.0	6:45	0.0	6:58	7:09	
21	Fri	12:17	0.4	12:41	0.4	7:11	0.0	7:25	-0.1	6:57	7:10	
22	Sat	12:57	0.4	1:24	0.4	7:54	0.0	8:05	0.0	6:55	7:11	
23	Sun	1:40	0.4	2:12	0.4	8:38	0.0	8:47	0.0	6:53	7:12	
24	Mon	2:29	0.4	3:06	0.4	9:25	0.0	9:32	0.0	6:52	7:13	
25	Tue	3:25	0.4	4:05	0.4	10:19	0.0	10:25	0.0	6:50	7:14	
26	Wed	4:25	0.4	5:06	0.4	11:24	0.0	11:32	0.0	6:48	7:15	
27	Thu	5:27	0.4	6:08	0.4			12:36	0.0	6:47	7:16	
28	Fri	6:30	0.4	7:12	0.4	12:47	0.0	1:44	0.0	6:45	7:17	
29	Sat	7:36	0.4	8:18	0.4	1:57	0.0	2:45	0.0	6:44	7:18	
30	Sun	8:43	0.4	9:19	0.4	3:00	0.0	3:39	0.0	6:42	7:19	
31	Mon	9:42	0.4	10:13	0.4	3:56	0.0	4:30	0.0	6:40	7:20	