US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jul 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:12	0.4	6:38	0.0	6:38	0.0	5:32	8:29	
2	Wed	12:23	0.4	12:52	0.4	7:19	0.0	7:19	0.1	5:32	8:28	
3	Thu	1:00	0.4	1:32	0.4	7:56	0.0	7:58	0.1	5:33	8:28	
4	Fri	1:36	0.4	2:12	0.4	8:32	0.0	8:34	0.1	5:34	8:28	
5	Sat	2:13	0.4	2:52	0.4	9:07	0.0	9:11	0.1	5:34	8:28	
6	Sun	2:53	0.4	3:35	0.4	9:42	0.0	9:51	0.1	5:35	8:27	
7	Mon	3:38	0.4	4:19	0.4	10:20	0.0	10:41	0.1	5:35	8:27	
8	Tue	4:27	0.4	5:06	0.4	11:07	0.0	11:47	0.1	5:36	8:27	
9	Wed	5:20	0.4	5:56	0.4			12:03	0.0	5:37	8:26	
10	Thu	6:16	0.4	6:51	0.4	12:59	0.1	1:05	0.0	5:37	8:26	
11	Fri	7:19	0.4	7:52	0.4	2:06	0.1	2:07	0.0	5:38	8:26	
12	Sat	8:27	0.4	8:56	0.5	3:07	0.0	3:06	0.0	5:39	8:25	
13	Sun	9:32	0.4	9:56	0.5	4:04	0.0	4:03	0.0	5:39	8:25	
14	Mon	10:31	0.4	10:51	0.5	4:59	0.0	5:00	0.0	5:40	8:24	
15	Tue	11:26	0.4	11:44	0.5	5:54	0.0	5:57	0.0	5:41	8:24	
16	Wed			12:20	0.4	6:48	-0.1	6:53	0.0	5:42	8:23	
17	Thu	12:37	0.5	1:14	0.5	7:39	-0.1	7:47	0.0	5:43	8:22	
18	Fri	1:30	0.5	2:10	0.5	8:27	-0.1	8:38	0.0	5:43	8:22	
19	Sat	2:24	0.5	3:06	0.4	9:15	0.0	9:30	0.0	5:44	8:21	
20	Sun	3:19	0.4	4:01	0.4	10:03	0.0	10:24	0.0	5:45	8:20	
21	Mon	4:14	0.4	4:54	0.4	10:55	0.0	11:23	0.1	5:46	8:19	
22	Tue	5:06	0.4	5:44	0.4	11:49	0.0			5:47	8:19	
23	Wed	5:57	0.4	6:34	0.4	12:26	0.1	12:44	0.0	5:48	8:18	
24	Thu	6:49	0.3	7:25	0.4	1:27	0.1	1:38	0.1	5:48	8:17	
25	Fri	7:45	0.3	8:19	0.4	2:23	0.1	2:29	0.1	5:49	8:16	
26	Sat	8:42	0.3	9:11	0.4	3:13	0.1	3:16	0.1	5:50	8:15	
27	Sun	9:36	0.3	9:58	0.4	4:00	0.1	4:02	0.1	5:51	8:14	
28	Mon	10:23	0.4	10:41	0.4	4:44	0.0	4:46	0.1	5:52	8:13	
29	Tue	11:06	0.4	11:21	0.4	5:28	0.0	5:30	0.1	5:53	8:12	
30	Wed	11:46	0.4	11:59	0.4	6:10	0.0	6:14	0.0	5:54	8:11	
31	Thu			12:25	0.4	6:51	0.0	6:56	0.0	5:55	8:10	