US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:35	0.4	1:02	0.4	7:29	0.0	7:35	0.0	5:56	8:09	
2	Sat	1:10	0.4	1:38	0.4	8:04	0.0	8:13	0.1	5:57	8:08	
3	Sun	1:46	0.4	2:15	0.4	8:38	0.0	8:50	0.1	5:57	8:07	
4	Mon	2:24	0.4	2:56	0.4	9:12	0.0	9:30	0.1	5:58	8:06	
5	Tue	3:09	0.4	3:42	0.4	9:48	0.0	10:17	0.1	5:59	8:05	
6	Wed	4:01	0.4	4:33	0.4	10:31	0.0	11:20	0.1	6:00	8:04	
7	Thu	4:56	0.4	5:27	0.4	11:28	0.0			6:01	8:03	
8	Fri	5:55	0.4	6:26	0.4	12:33	0.1	12:36	0.0	6:02	8:01	
9	Sat	6:59	0.4	7:30	0.4	1:44	0.1	1:44	0.0	6:03	8:00	
10	Sun	8:08	0.4	8:37	0.5	2:48	0.0	2:48	0.0	6:04	7:59	
11	Mon	9:15	0.4	9:40	0.5	3:46	0.0	3:48	0.0	6:05	7:58	
12	Tue	10:15	0.4	10:36	0.5	4:41	0.0	4:46	0.0	6:06	7:56	
13	Wed	11:10	0.4	11:29	0.5	5:34	0.0	5:42	0.0	6:07	7:55	
14	Thu			12:02	0.5	6:26	-0.1	6:37	0.0	6:08	7:54	
15	Fri	12:19	0.5	12:53	0.5	7:16	-0.1	7:29	0.0	6:09	7:52	
16	Sat	1:09	0.5	1:44	0.5	8:02	-0.1	8:18	0.0	6:10	7:51	
17	Sun	2:00	0.5	2:36	0.5	8:47	0.0	9:06	0.0	6:11	7:50	
18	Mon	2:52	0.4	3:28	0.4	9:31	0.0	9:55	0.0	6:12	7:48	
19	Tue	3:44	0.4	4:20	0.4	10:17	0.0	10:49	0.1	6:13	7:47	
20	Wed	4:36	0.4	5:10	0.4	11:07	0.1	11:48	0.1	6:13	7:45	
21	Thu	5:27	0.4	5:58	0.4			12:02	0.1	6:14	7:44	
22	Fri	6:18	0.3	6:49	0.4	12:49	0.1	12:59	0.1	6:15	7:42	
23	Sat	7:12	0.3	7:42	0.4	1:48	0.1	1:55	0.1	6:16	7:41	
24	Sun	8:09	0.3	8:37	0.4	2:41	0.1	2:47	0.1	6:17	7:39	
25	Mon	9:06	0.3	9:28	0.4	3:29	0.1	3:35	0.1	6:18	7:38	
26	Tue	9:55	0.4	10:13	0.4	4:13	0.1	4:20	0.1	6:19	7:36	
27	Wed	10:39	0.4	10:54	0.4	4:56	0.0	5:05	0.1	6:20	7:35	
28	Thu	11:18	0.4	11:32	0.4	5:38	0.0	5:49	0.0	6:21	7:33	
29	Fri	11:55	0.4			6:18	0.0	6:31	0.0	6:22	7:32	
30	Sat	12:08	0.4	12:30	0.4	6:57	0.0	7:13	0.0	6:23	7:30	
31	Sun	12:43	0.4	1:04	0.4	7:34	0.0	7:52	0.0	6:24	7:29	