US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:47	0.4	5:01	0.4	11:26	0.0	11:57	0.0	7:17	4:42	
2	Fri	5:42	0.4	5:57	0.3			12:31	0.0	7:18	4:43	
3	Sat	6:37	0.4	6:56	0.3	12:53	0.0	1:31	0.0	7:18	4:44	
4	Sun	7:33	0.4	7:54	0.3	1:45	0.0	2:24	0.0	7:18	4:45	
5	Mon	8:26	0.4	8:47	0.3	2:33	0.0	3:12	0.0	7:18	4:46	
6	Tue	9:12	0.4	9:34	0.3	3:17	0.0	3:57	0.0	7:18	4:47	
7	Wed	9:55	0.4	10:17	0.3	4:01	0.0	4:41	0.0	7:17	4:48	
8	Thu	10:34	0.4	10:57	0.3	4:44	0.0	5:24	0.0	7:17	4:49	
9	Fri	11:13	0.4	11:37	0.3	5:26	0.0	6:04	0.0	7:17	4:50	
10	Sat	11:50	0.4			6:06	0.0	6:42	0.0	7:17	4:51	
11	Sun	12:16	0.3	12:26	0.4	6:45	0.0	7:18	0.0	7:17	4:52	
12	Mon	12:54	0.3	1:03	0.4	7:21	0.0	7:52	0.0	7:16	4:53	
13	Tue	1:33	0.3	1:40	0.3	7:56	0.0	8:25	0.0	7:16	4:54	
14	Wed	2:13	0.3	2:20	0.3	8:32	0.0	9:00	0.0	7:16	4:55	
15	Thu	2:56	0.3	3:06	0.3	9:14	0.0	9:41	0.0	7:15	4:56	
16	Fri	3:41	0.3	3:56	0.3	10:12	0.1	10:34	0.0	7:15	4:57	
17	Sat	4:29	0.3	4:51	0.3	11:26	0.1	11:37	0.0	7:14	4:58	
18	Sun	5:23	0.3	5:51	0.3			12:38	0.0	7:14	4:59	
19	Mon	6:24	0.4	6:59	0.3	12:42	0.0	1:42	0.0	7:13	5:00	
20	Tue	7:30	0.4	8:06	0.3	1:43	0.0	2:40	0.0	7:13	5:02	
21	Wed	8:32	0.4	9:06	0.4	2:40	0.0	3:35	-0.1	7:12	5:03	
22	Thu	9:28	0.4	10:01	0.4	3:36	-0.1	4:29	-0.1	7:12	5:04	
23	Fri	10:21	0.5	10:53	0.4	4:32	-0.1	5:22	-0.1	7:11	5:05	
24	Sat	11:12	0.5	11:46	0.4	5:28	-0.1	6:13	-0.1	7:10	5:06	
25	Sun			12:04	0.5	6:21	-0.1	7:02	-0.1	7:10	5:07	
26	Mon	12:39	0.4	12:57	0.4	7:12	-0.1	7:49	-0.1	7:09	5:09	
27	Tue	1:34	0.4	1:51	0.4	8:03	-0.1	8:37	-0.1	7:08	5:10	
28	Wed	2:29	0.4	2:46	0.4	8:55	0.0	9:27	-0.1	7:07	5:11	
29	Thu	3:24	0.4	3:40	0.4	9:52	0.0	10:21	0.0	7:06	5:12	
30	Fri	4:18	0.4	4:34	0.3	10:55	0.0	11:20	0.0	7:05	5:13	
31	Sat	5:10	0.4	5:28	0.3			12:00	0.0	7:05	5:14	