US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:35	0.4	4:58	0.3	11:23	0.0	11:39	0.0	6:28	5:48	
2	Mon	5:27	0.3	5:53	0.3			12:26	0.0	6:27	5:49	
3	Tue	6:22	0.3	6:52	0.3	12:39	0.1	1:24	0.0	6:25	5:50	
4	Wed	7:21	0.3	7:51	0.3	1:35	0.0	2:14	0.0	6:24	5:51	
5	Thu	8:16	0.3	8:43	0.3	2:25	0.0	3:00	0.0	6:22	5:53	
6	Fri	9:04	0.4	9:28	0.3	3:12	0.0	3:44	0.0	6:21	5:54	
7	Sat	9:46	0.4	10:08	0.4	3:56	0.0	4:25	0.0	6:19	5:55	
8	Sun	11:25	0.4	11:45	0.4	5:40	0.0	6:05	0.0	7:18	6:56	
9	Mon			12:01	0.4	6:22	0.0	6:44	0.0	7:16	6:57	
10	Tue	12:20	0.4	12:36	0.4	7:02	0.0	7:20	0.0	7:15	6:58	
11	Wed	12:52	0.4	1:11	0.4	7:40	0.0	7:54	0.0	7:13	6:59	
12	Thu	1:25	0.4	1:47	0.4	8:16	0.0	8:27	0.0	7:11	7:00	
13	Fri	1:59	0.4	2:27	0.4	8:53	0.0	9:00	0.0	7:10	7:01	
14	Sat	2:40	0.4	3:14	0.3	9:34	0.0	9:38	0.0	7:08	7:02	
15	Sun	3:29	0.4	4:09	0.3	10:23	0.0	10:26	0.0	7:07	7:03	
16	Mon	4:27	0.4	5:09	0.3	11:30	0.0	11:32	0.0	7:05	7:04	
17	Tue	5:28	0.4	6:12	0.3			12:46	0.0	7:03	7:05	
18	Wed	6:34	0.4	7:19	0.3	12:51	0.0	1:57	0.0	7:02	7:06	
19	Thu	7:44	0.4	8:29	0.4	2:04	0.0	2:58	0.0	7:00	7:07	
20	Fri	8:54	0.4	9:32	0.4	3:09	0.0	3:54	0.0	6:59	7:08	
21	Sat	9:55	0.4	10:27	0.4	4:08	0.0	4:47	-0.1	6:57	7:09	
22	Sun	10:48	0.4	11:18	0.5	5:03	-0.1	5:37	-0.1	6:55	7:10	
23	Mon	11:38	0.5			5:57	-0.1	6:26	-0.1	6:54	7:11	
24	Tue	12:06	0.5	12:26	0.4	6:48	-0.1	7:13	-0.1	6:52	7:12	
25	Wed	12:53	0.5	1:14	0.4	7:37	-0.1	7:57	-0.1	6:50	7:13	
26	Thu	1:41	0.5	2:03	0.4	8:23	-0.1	8:39	0.0	6:49	7:14	
27	Fri	2:28	0.4	2:53	0.4	9:08	0.0	9:21	0.0	6:47	7:15	
28	Sat	3:18	0.4	3:45	0.4	9:54	0.0	10:05	0.0	6:46	7:16	
29	Sun	4:08	0.4	4:37	0.3	10:44	0.0	10:55	0.1	6:44	7:17	
30	Mon	4:59	0.4	5:29	0.3	11:42	0.0	11:55	0.1	6:42	7:18	
31	Tue	5:49	0.3	6:21	0.3			12:44	0.1	6:41	7:19	