US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jun 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:53	0.3	8:27	0.4	2:31	0.1	2:40	0.0	5:30	8:19	
2	Tue	8:49	0.4	9:16	0.4	3:22	0.1	3:25	0.0	5:29	8:19	
3	Wed	9:42	0.4	10:01	0.4	4:11	0.0	4:11	0.0	5:29	8:20	
4	Thu	10:30	0.4	10:45	0.5	4:59	0.0	4:57	0.0	5:28	8:21	
5	Fri	11:17	0.4	11:29	0.5	5:48	0.0	5:45	0.0	5:28	8:21	
6	Sat			12:04	0.4	6:38	0.0	6:35	0.0	5:28	8:22	
7	Sun	12:14	0.5	12:53	0.4	7:26	0.0	7:24	0.0	5:28	8:23	
8	Mon	1:03	0.5	1:47	0.4	8:14	0.0	8:14	0.0	5:28	8:23	
9	Tue	1:57	0.5	2:44	0.4	9:03	0.0	9:06	0.0	5:27	8:24	
10	Wed	2:54	0.5	3:44	0.4	9:53	0.0	10:02	0.0	5:27	8:24	
11	Thu	3:55	0.4	4:43	0.4	10:49	0.0	11:05	0.0	5:27	8:25	
12	Fri	4:54	0.4	5:39	0.4	11:49	0.0			5:27	8:25	
13	Sat	5:51	0.4	6:35	0.4	12:14	0.0	12:50	0.0	5:27	8:26	
14	Sun	6:48	0.4	7:32	0.4	1:21	0.0	1:48	0.0	5:27	8:26	
15	Mon	7:48	0.4	8:29	0.4	2:23	0.0	2:42	0.0	5:27	8:26	
16	Tue	8:49	0.4	9:24	0.5	3:19	0.0	3:31	0.0	5:27	8:27	
17	Wed	9:45	0.4	10:13	0.5	4:11	0.0	4:19	0.0	5:27	8:27	
18	Thu	10:35	0.4	10:57	0.5	5:00	0.0	5:05	0.0	5:27	8:27	
19	Fri	11:21	0.4	11:39	0.5	5:47	0.0	5:50	0.0	5:28	8:28	
20	Sat			12:05	0.4	6:33	0.0	6:35	0.0	5:28	8:28	
21	Sun	12:20	0.5	12:49	0.4	7:16	0.0	7:17	0.0	5:28	8:28	
22	Mon	1:01	0.4	1:33	0.4	7:56	0.0	7:57	0.1	5:28	8:28	
23	Tue	1:42	0.4	2:17	0.4	8:34	0.0	8:36	0.1	5:29	8:29	
24	Wed	2:24	0.4	3:04	0.4	9:11	0.0	9:14	0.1	5:29	8:29	
25	Thu	3:08	0.4	3:50	0.3	9:48	0.0	9:56	0.1	5:29	8:29	
26	Fri	3:53	0.4	4:35	0.3	10:28	0.1	10:44	0.1	5:30	8:29	
27	Sat	4:38	0.4	5:17	0.4	11:14	0.1	11:44	0.1	5:30	8:29	
28	Sun	5:23	0.4	6:00	0.4			12:05	0.1	5:30	8:29	
29	Mon	6:10	0.3	6:45	0.4	12:49	0.1	12:59	0.1	5:31	8:29	
30	Tue	7:03	0.3	7:37	0.4	1:51	0.1	1:53	0.1	5:31	8:29	