US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:59	0.3	1:11	0.4	7:23	0.0	7:57	0.0	7:17	4:42	
2	Sat	1:44	0.3	1:55	0.4	8:01	0.0	8:34	0.0	7:18	4:43	
3	Sun	2:31	0.3	2:40	0.3	8:41	0.0	9:13	0.0	7:18	4:44	
4	Mon	3:17	0.3	3:26	0.3	9:26	0.1	9:57	0.0	7:18	4:45	
5	Tue	4:02	0.3	4:11	0.3	10:23	0.1	10:48	0.0	7:18	4:45	
6	Wed	4:46	0.3	4:59	0.3	11:30	0.1	11:43	0.0	7:18	4:46	
7	Thu	5:32	0.3	5:50	0.3			12:34	0.1	7:17	4:47	
8	Fri	6:22	0.3	6:49	0.3	12:38	0.0	1:32	0.0	7:17	4:48	
9	Sat	7:18	0.4	7:49	0.3	1:31	0.0	2:25	0.0	7:17	4:49	
10	Sun	8:13	0.4	8:45	0.3	2:21	0.0	3:15	0.0	7:17	4:50	
11	Mon	9:03	0.4	9:35	0.3	3:11	0.0	4:05	0.0	7:17	4:51	
12	Tue	9:51	0.4	10:23	0.4	4:01	0.0	4:55	-0.1	7:16	4:52	
13	Wed	10:37	0.5	11:11	0.4	4:52	-0.1	5:44	-0.1	7:16	4:53	
14	Thu	11:25	0.5			5:44	-0.1	6:32	-0.1	7:16	4:55	
15	Fri	12:01	0.4	12:16	0.5	6:35	-0.1	7:19	-0.1	7:15	4:56	
16	Sat	12:54	0.4	1:08	0.4	7:25	-0.1	8:06	-0.1	7:15	4:57	
17	Sun	1:50	0.4	2:04	0.4	8:16	-0.1	8:55	-0.1	7:15	4:58	
18	Mon	2:47	0.4	3:02	0.4	9:12	0.0	9:48	-0.1	7:14	4:59	
19	Tue	3:45	0.4	4:00	0.4	10:15	0.0	10:47	0.0	7:14	5:00	
20	Wed	4:41	0.4	4:56	0.3	11:24	0.0	11:49	0.0	7:13	5:01	
21	Thu	5:37	0.4	5:55	0.3			12:31	0.0	7:12	5:02	
22	Fri	6:35	0.4	6:57	0.3	12:50	0.0	1:33	0.0	7:12	5:04	
23	Sat	7:35	0.4	8:00	0.3	1:46	0.0	2:29	0.0	7:11	5:05	
24	Sun	8:31	0.4	8:56	0.3	2:38	0.0	3:20	0.0	7:10	5:06	
25	Mon	9:21	0.4	9:45	0.3	3:26	0.0	4:08	0.0	7:10	5:07	
26	Tue	10:05	0.4	10:28	0.3	4:13	0.0	4:53	0.0	7:09	5:08	
27	Wed	10:46	0.4	11:10	0.3	4:58	0.0	5:36	0.0	7:08	5:09	
28	Thu	11:26	0.4	11:50	0.3	5:41	0.0	6:15	0.0	7:07	5:11	
29	Fri			12:04	0.4	6:22	0.0	6:52	0.0	7:07	5:12	
30	Sat	12:29	0.3	12:42	0.4	7:00	0.0	7:27	0.0	7:06	5:13	
31	Sun	1:09	0.3	1:21	0.4	7:36	0.0	8:00	0.0	7:05	5:14	