US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:34	0.4	12:50	0.4	7:13	0.0	7:27	0.0	6:29	5:48	
2	Tue	1:07	0.3	1:26	0.3	7:47	0.0	7:58	0.0	6:27	5:49	
3	Wed	1:40	0.3	2:04	0.3	8:21	0.0	8:28	0.0	6:26	5:50	
4	Thu	2:17	0.3	2:47	0.3	8:59	0.0	9:02	0.0	6:24	5:51	
5	Fri	3:01	0.3	3:37	0.3	9:49	0.0	9:48	0.0	6:23	5:52	
6	Sat	3:52	0.3	4:32	0.3	10:59	0.1	10:55	0.0	6:21	5:53	
7	Sun	4:48	0.3	5:33	0.3			12:16	0.0	6:20	5:54	
8	Mon	5:53	0.4	6:41	0.3	12:13	0.0	1:22	0.0	6:18	5:56	
9	Tue	7:04	0.4	7:50	0.3	1:23	0.0	2:21	0.0	6:17	5:57	
10	Wed	8:12	0.4	8:50	0.4	2:25	0.0	3:14	0.0	6:15	5:58	
11	Thu	9:10	0.4	9:43	0.4	3:22	0.0	4:06	-0.1	6:13	5:59	
12	Fri	10:03	0.5	10:34	0.4	4:18	-0.1	4:57	-0.1	6:12	6:00	
13	Sat	10:53	0.5	11:23	0.5	5:13	-0.1	5:46	-0.1	6:10	6:01	
14	Sun			12:43	0.5	7:06	-0.1	7:34	-0.1	7:09	7:02	
15	Mon	1:13	0.5	1:34	0.4	7:56	-0.1	8:20	-0.1	7:07	7:03	
16	Tue	2:05	0.5	2:27	0.4	8:46	-0.1	9:06	-0.1	7:05	7:04	
17	Wed	2:58	0.4	3:22	0.4	9:36	-0.1	9:54	0.0	7:04	7:05	
18	Thu	3:53	0.4	4:19	0.4	10:31	0.0	10:47	0.0	7:02	7:06	
19	Fri	4:48	0.4	5:16	0.3	11:32	0.0	11:48	0.0	7:01	7:07	
20	Sat	5:43	0.4	6:12	0.3			12:38	0.0	6:59	7:08	
21	Sun	6:38	0.4	7:10	0.3	12:55	0.1	1:42	0.0	6:57	7:09	
22	Mon	7:37	0.3	8:11	0.3	1:58	0.1	2:38	0.0	6:56	7:10	
23	Tue	8:37	0.3	9:09	0.3	2:54	0.0	3:28	0.0	6:54	7:11	
24	Wed	9:31	0.4	9:58	0.3	3:43	0.0	4:12	0.0	6:53	7:12	
25	Thu	10:17	0.4	10:40	0.4	4:29	0.0	4:53	0.0	6:51	7:13	
26	Fri	10:58	0.4	11:18	0.4	5:12	0.0	5:33	0.0	6:49	7:14	
27	Sat	11:36	0.4	11:54	0.4	5:54	0.0	6:12	0.0	6:48	7:15	
28	Sun			12:13	0.4	6:35	0.0	6:49	0.0	6:46	7:16	
29	Mon	12:28	0.4	12:48	0.4	7:14	0.0	7:24	0.0	6:44	7:17	
30	Tue	1:00	0.4	1:23	0.4	7:51	0.0	7:56	0.0	6:43	7:18	
31	Wed	1:30	0.4	1:58	0.3	8:26	0.0	8:27	0.0	6:41	7:19	