US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jul 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:43	0.4	5:30	0.4	11:37	0.0			5:32	8:29	
2	Fri	5:40	0.4	6:25	0.4	12:06	0.0	12:37	0.0	5:32	8:28	
3	Sat	6:38	0.4	7:23	0.4	1:15	0.0	1:37	0.0	5:33	8:28	
4	Sun	7:40	0.4	8:22	0.5	2:19	0.0	2:33	0.0	5:33	8:28	
5	Mon	8:44	0.4	9:20	0.5	3:17	0.0	3:27	0.0	5:34	8:28	
6	Tue	9:44	0.4	10:13	0.5	4:12	0.0	4:18	0.0	5:34	8:28	
7	Wed	10:38	0.4	11:01	0.5	5:04	0.0	5:08	0.0	5:35	8:27	
8	Thu	11:27	0.4	11:46	0.5	5:54	0.0	5:58	0.0	5:36	8:27	
9	Fri			12:14	0.4	6:42	0.0	6:46	0.0	5:36	8:27	
10	Sat	12:30	0.5	1:01	0.4	7:26	0.0	7:30	0.0	5:37	8:26	
11	Sun	1:14	0.4	1:47	0.4	8:07	0.0	8:13	0.0	5:38	8:26	
12	Mon	1:58	0.4	2:33	0.4	8:46	0.0	8:53	0.1	5:38	8:25	
13	Tue	2:43	0.4	3:21	0.4	9:24	0.0	9:34	0.1	5:39	8:25	
14	Wed	3:29	0.4	4:07	0.4	10:02	0.0	10:19	0.1	5:40	8:24	
15	Thu	4:15	0.4	4:51	0.4	10:43	0.1	11:12	0.1	5:41	8:24	
16	Fri	5:00	0.4	5:34	0.4	11:29	0.1			5:41	8:23	
17	Sat	5:45	0.3	6:17	0.4	12:13	0.1	12:21	0.1	5:42	8:23	
18	Sun	6:33	0.3	7:03	0.4	1:15	0.1	1:14	0.1	5:43	8:22	
19	Mon	7:27	0.3	7:55	0.4	2:13	0.1	2:07	0.1	5:44	8:21	
20	Tue	8:27	0.3	8:49	0.4	3:06	0.1	2:58	0.1	5:45	8:21	
21	Wed	9:24	0.3	9:40	0.4	3:56	0.1	3:47	0.0	5:45	8:20	
22	Thu	10:15	0.4	10:28	0.5	4:44	0.0	4:37	0.0	5:46	8:19	
23	Fri	11:03	0.4	11:14	0.5	5:33	0.0	5:27	0.0	5:47	8:18	
24	Sat	11:50	0.4			6:22	0.0	6:19	0.0	5:48	8:17	
25	Sun	12:00	0.5	12:38	0.4	7:10	0.0	7:10	0.0	5:49	8:17	
26	Mon	12:48	0.5	1:28	0.4	7:55	0.0	8:01	0.0	5:50	8:16	
27	Tue	1:39	0.5	2:22	0.4	8:41	0.0	8:51	0.0	5:51	8:15	
28	Wed	2:33	0.5	3:18	0.4	9:27	0.0	9:44	0.0	5:52	8:14	
29	Thu	3:30	0.4	4:15	0.4	10:17	0.0	10:43	0.0	5:52	8:13	
30	Fri	4:28	0.4	5:11	0.4	11:12	0.0	11:49	0.0	5:53	8:12	
31	Sat	5:25	0.4	6:06	0.4			12:12	0.0	5:54	8:11	