US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:45	0.4	10:14	0.3	3:51	0.0	4:44	0.0	7:17	4:42	
2	Sun	10:23	0.4	10:55	0.3	4:36	0.0	5:29	0.0	7:17	4:43	
3	Mon	11:02	0.4	11:37	0.3	5:20	0.0	6:12	0.0	7:18	4:43	
4	Tue	11:42	0.4			6:05	0.0	6:54	0.0	7:18	4:44	
5	Wed	12:20	0.3	12:25	0.4	6:49	0.0	7:36	0.0	7:18	4:45	
6	Thu	1:08	0.3	1:14	0.4	7:33	0.0	8:18	0.0	7:18	4:46	
7	Fri	2:01	0.3	2:08	0.4	8:21	0.0	9:05	0.0	7:17	4:47	
8	Sat	2:57	0.4	3:06	0.4	9:16	0.0	9:58	0.0	7:17	4:48	
9	Sun	3:53	0.4	4:04	0.4	10:22	0.0	10:58	0.0	7:17	4:49	
10	Mon	4:50	0.4	5:03	0.3	11:35	0.0			7:17	4:50	
11	Tue	5:48	0.4	6:05	0.3	12:01	0.0	12:45	0.0	7:17	4:51	
12	Wed	6:49	0.4	7:11	0.3	1:02	0.0	1:48	0.0	7:17	4:52	
13	Thu	7:51	0.4	8:16	0.3	2:00	0.0	2:46	0.0	7:16	4:53	
14	Fri	8:49	0.4	9:14	0.3	2:54	0.0	3:40	0.0	7:16	4:54	
15	Sat	9:41	0.4	10:06	0.4	3:47	0.0	4:32	-0.1	7:16	4:55	
16	Sun	10:29	0.4	10:55	0.4	4:38	0.0	5:22	-0.1	7:15	4:56	
17	Mon	11:14	0.4	11:41	0.4	5:28	0.0	6:08	-0.1	7:15	4:58	
18	Tue	11:59	0.4			6:14	0.0	6:51	-0.1	7:14	4:59	
19	Wed	12:27	0.3	12:43	0.4	6:58	0.0	7:31	0.0	7:14	5:00	
20	Thu	1:13	0.3	1:28	0.4	7:39	0.0	8:09	0.0	7:13	5:01	
21	Fri	2:00	0.3	2:13	0.4	8:20	0.0	8:46	0.0	7:13	5:02	
22	Sat	2:46	0.3	2:59	0.3	9:03	0.0	9:26	0.0	7:12	5:03	
23	Sun	3:32	0.3	3:45	0.3	9:52	0.1	10:10	0.0	7:11	5:04	
24	Mon	4:17	0.3	4:32	0.3	10:51	0.1	11:02	0.0	7:11	5:06	
25	Tue	5:01	0.3	5:20	0.3	11:56	0.1	11:58	0.0	7:10	5:07	
26	Wed	5:48	0.3	6:14	0.3			12:57	0.1	7:09	5:08	
27	Thu	6:41	0.3	7:14	0.3	12:53	0.0	1:52	0.0	7:08	5:09	
28	Fri	7:38	0.3	8:12	0.3	1:46	0.0	2:42	0.0	7:08	5:10	
29	Sat	8:30	0.4	9:04	0.3	2:35	0.0	3:30	0.0	7:07	5:12	
30	Sun	9:17	0.4	9:49	0.3	3:23	0.0	4:17	0.0	7:06	5:13	
31	Mon	10:01	0.4	10:33	0.3	4:12	0.0	5:04	0.0	7:05	5:14	