US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:23	0.4	10:54	0.4	4:40	-0.1	5:21	-0.1	6:28	5:49	
2	Thu	11:09	0.4	11:40	0.4	5:31	-0.1	6:07	-0.1	6:26	5:50	
3	Fri	11:57	0.4			6:21	-0.1	6:51	-0.1	6:25	5:51	
4	Sat	12:28	0.4	12:46	0.4	7:10	-0.1	7:35	-0.1	6:23	5:52	
5	Sun	1:19	0.4	1:39	0.4	7:59	-0.1	8:20	-0.1	6:22	5:53	
6	Mon	2:13	0.4	2:36	0.4	8:51	0.0	9:10	0.0	6:20	5:54	
7	Tue	3:10	0.4	3:35	0.4	9:51	0.0	10:08	0.0	6:18	5:55	
8	Wed	4:08	0.4	4:35	0.3	10:58	0.0	11:15	0.0	6:17	5:56	
9	Thu	5:07	0.4	5:36	0.3			12:08	0.0	6:15	5:57	
10	Fri	6:08	0.4	6:41	0.3	12:24	0.0	1:14	0.0	6:14	5:58	
11	Sat	7:13	0.4	7:47	0.3	1:28	0.0	2:12	0.0	6:12	5:59	
12	Sun	9:14	0.4	9:45	0.3	3:26	0.0	4:03	0.0	7:11	7:01	
13	Mon	10:07	0.4	10:33	0.4	4:17	0.0	4:50	0.0	7:09	7:02	
14	Tue	10:52	0.4	11:15	0.4	5:04	0.0	5:33	0.0	7:07	7:03	
15	Wed	11:33	0.4	11:54	0.4	5:49	0.0	6:13	0.0	7:06	7:04	
16	Thu			12:12	0.4	6:32	0.0	6:52	0.0	7:04	7:05	
17	Fri	12:31	0.4	12:50	0.4	7:12	0.0	7:27	0.0	7:03	7:06	
18	Sat	1:07	0.4	1:27	0.4	7:50	0.0	8:00	0.0	7:01	7:07	
19	Sun	1:42	0.4	2:05	0.4	8:26	0.0	8:32	0.0	6:59	7:08	
20	Mon	2:17	0.4	2:44	0.3	9:01	0.0	9:02	0.0	6:58	7:09	
21	Tue	2:52	0.4	3:26	0.3	9:37	0.0	9:34	0.0	6:56	7:10	
22	Wed	3:30	0.3	4:12	0.3	10:18	0.1	10:10	0.1	6:55	7:11	
23	Thu	4:13	0.3	5:01	0.3	11:11	0.1	11:00	0.1	6:53	7:12	
24	Fri	5:03	0.3	5:54	0.3			12:22	0.1	6:51	7:13	
25	Sat	5:59	0.3	6:53	0.3	12:13	0.1	1:32	0.1	6:50	7:14	
26	Sun	7:03	0.4	7:57	0.3	1:29	0.1	2:32	0.0	6:48	7:15	
27	Mon	8:12	0.4	8:59	0.3	2:35	0.0	3:25	0.0	6:46	7:16	
28	Tue	9:15	0.4	9:54	0.4	3:32	0.0	4:15	0.0	6:45	7:17	
29	Wed	10:10	0.4	10:43	0.4	4:27	0.0	5:03	0.0	6:43	7:18	
30	Thu	11:01	0.4	11:30	0.5	5:20	-0.1	5:51	-0.1	6:42	7:19	
31	Fri	11:49	0.5			6:13	-0.1	6:39	-0.1	6:40	7:20	