US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - May 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:45	0.5	1:12	0.4	7:40	-0.1	7:51	0.0	5:55	7:51	
2	Tue	1:36	0.5	2:08	0.4	8:30	-0.1	8:40	0.0	5:54	7:52	
3	Wed	2:31	0.5	3:07	0.4	9:21	0.0	9:30	0.0	5:53	7:53	
4	Thu	3:28	0.4	4:07	0.4	10:15	0.0	10:26	0.0	5:51	7:54	
5	Fri	4:27	0.4	5:06	0.4	11:15	0.0	11:31	0.1	5:50	7:55	
6	Sat	5:23	0.4	6:02	0.4			12:18	0.0	5:49	7:56	
7	Sun	6:18	0.4	6:57	0.4	12:40	0.1	1:18	0.0	5:48	7:57	
8	Mon	7:14	0.4	7:53	0.4	1:44	0.1	2:12	0.0	5:47	7:58	
9	Tue	8:11	0.4	8:47	0.4	2:40	0.1	2:59	0.0	5:46	7:59	
10	Wed	9:05	0.4	9:34	0.4	3:30	0.1	3:41	0.0	5:45	8:00	
11	Thu	9:53	0.4	10:16	0.4	4:15	0.0	4:21	0.0	5:44	8:01	
12	Fri	10:36	0.4	10:54	0.4	4:58	0.0	5:00	0.0	5:43	8:02	
13	Sat	11:16	0.4	11:30	0.4	5:41	0.0	5:39	0.0	5:42	8:03	
14	Sun	11:55	0.4			6:23	0.0	6:18	0.0	5:41	8:04	
15	Mon	12:04	0.4	12:33	0.4	7:03	0.0	6:57	0.0	5:40	8:05	
16	Tue	12:36	0.4	1:11	0.4	7:42	0.0	7:33	0.0	5:39	8:06	
17	Wed	1:07	0.4	1:51	0.3	8:19	0.0	8:08	0.1	5:38	8:07	
18	Thu	1:41	0.4	2:34	0.3	8:56	0.0	8:43	0.1	5:38	8:08	
19	Fri	2:19	0.4	3:21	0.3	9:35	0.0	9:22	0.1	5:37	8:09	
20	Sat	3:07	0.4	4:13	0.3	10:19	0.0	10:10	0.1	5:36	8:09	
21	Sun	4:04	0.4	5:06	0.3	11:14	0.1	11:15	0.1	5:35	8:10	
22	Mon	5:03	0.4	6:00	0.4			12:17	0.0	5:35	8:11	
23	Tue	6:03	0.4	6:56	0.4	12:33	0.1	1:19	0.0	5:34	8:12	
24	Wed	7:06	0.4	7:57	0.4	1:44	0.1	2:16	0.0	5:33	8:13	
25	Thu	8:13	0.4	8:57	0.5	2:48	0.0	3:10	0.0	5:33	8:14	
26	Fri	9:17	0.4	9:53	0.5	3:46	0.0	4:02	0.0	5:32	8:15	
27	Sat	10:15	0.4	10:45	0.5	4:42	0.0	4:54	0.0	5:32	8:15	
28	Sun	11:09	0.4	11:35	0.5	5:37	0.0	5:46	0.0	5:31	8:16	
29	Mon			12:02	0.4	6:32	-0.1	6:39	0.0	5:31	8:17	
30	Tue	12:25	0.5	12:56	0.4	7:24	-0.1	7:31	0.0	5:30	8:18	
31	Wed	1:17	0.5	1:51	0.4	8:14	-0.1	8:21	0.0	5:30	8:18	