US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:46	0.4	4:20	0.4	10:13	0.0	10:43	0.1	5:56	8:09	
2	Wed	4:33	0.4	5:05	0.4	10:56	0.1	11:39	0.1	5:57	8:08	
3	Thu	5:20	0.3	5:49	0.4	11:44	0.1			5:58	8:07	
4	Fri	6:07	0.3	6:34	0.4	12:40	0.1	12:38	0.1	5:59	8:06	
5	Sat	6:58	0.3	7:24	0.4	1:40	0.1	1:33	0.1	6:00	8:05	
6	Sun	7:55	0.3	8:18	0.4	2:35	0.1	2:25	0.1	6:01	8:03	
7	Mon	8:54	0.3	9:11	0.4	3:25	0.1	3:15	0.1	6:01	8:02	
8	Tue	9:47	0.3	9:59	0.4	4:13	0.1	4:04	0.1	6:02	8:01	
9	Wed	10:33	0.4	10:42	0.4	4:59	0.0	4:51	0.0	6:03	8:00	
10	Thu	11:16	0.4	11:23	0.5	5:44	0.0	5:39	0.0	6:04	7:59	
11	Fri	11:58	0.4			6:28	0.0	6:27	0.0	6:05	7:57	
12	Sat	12:05	0.5	12:41	0.4	7:11	0.0	7:14	0.0	6:06	7:56	
13	Sun	12:47	0.5	1:25	0.4	7:53	0.0	8:00	0.0	6:07	7:55	
14	Mon	1:33	0.5	2:14	0.4	8:33	0.0	8:47	0.0	6:08	7:53	
15	Tue	2:23	0.4	3:06	0.4	9:15	0.0	9:37	0.0	6:09	7:52	
16	Wed	3:18	0.4	4:01	0.4	10:01	0.0	10:35	0.0	6:10	7:51	
17	Thu	4:16	0.4	4:57	0.4	10:54	0.0	11:41	0.1	6:11	7:49	
18	Fri	5:15	0.4	5:54	0.4	11:57	0.0			6:12	7:48	
19	Sat	6:15	0.4	6:53	0.4	12:52	0.1	1:04	0.0	6:13	7:46	
20	Sun	7:19	0.4	7:56	0.4	1:59	0.0	2:08	0.0	6:14	7:45	
21	Mon	8:26	0.4	8:59	0.5	3:00	0.0	3:08	0.0	6:15	7:43	
22	Tue	9:30	0.4	9:56	0.5	3:55	0.0	4:03	0.0	6:16	7:42	
23	Wed	10:25	0.4	10:47	0.5	4:47	0.0	4:56	0.0	6:17	7:41	
24	Thu	11:14	0.4	11:32	0.5	5:36	0.0	5:46	0.0	6:18	7:39	
25	Fri	11:59	0.4			6:22	0.0	6:34	0.0	6:18	7:38	
26	Sat	12:16	0.5	12:42	0.4	7:04	0.0	7:19	0.0	6:19	7:36	
27	Sun	12:58	0.4	1:24	0.4	7:44	0.0	8:01	0.0	6:20	7:34	
28	Mon	1:40	0.4	2:06	0.4	8:20	0.0	8:40	0.0	6:21	7:33	
29	Tue	2:23	0.4	2:49	0.4	8:55	0.0	9:20	0.1	6:22	7:31	
30	Wed	3:07	0.4	3:32	0.4	9:29	0.1	10:02	0.1	6:23	7:30	
31	Thu	3:54	0.4	4:17	0.4	10:05	0.1	10:51	0.1	6:24	7:28	